

Multicultural Mental Health Services

- ★ Cascadia Urgent Walk-In: Crisis mental health services for residents of Multnomah County. Will provide interpreters. Call ahead if possible if an interpreter is required. No Cost. (503) 963-2575
- ★ Lifeworks NW: Provides sliding scale fee counseling and psychiatric services. Will provide services to undocumented immigrants. Also take OHP. Intake line for appointments: (503) 645-9010
- ★ YWCA: Provides low-cost counseling services. Provide counseling to Spanish, Russian and Japanese speakers. Leave a message for appointments. (503) 294-7440
- ★ OHSU Intercultural Psychiatric Program: Care to historically under-served refugees and immigrants. Treat adults, children and adolescents, particularly those affected by trauma. OHP, private insurance and sliding scale fee. Provide individual and group therapy, medication management and case management services. Currently have counselors who speak Amharic, Bosnian, Cambodian, Farsi, Kurdish, Lao, Mien, Russian, Oromo, Somali, Spanish, Swahili and Vietnamese. (503) 494-4222
- ★ Slavic Service Center Clinic: Preference given to uninsured immigrants. Will see undocumented immigrants. Provide mental health counseling and general medical services. (503) 252-4955
- ★ Conexiones: Mental health counseling services and psychological evaluations for Spanish speakers. OHP, private insurance, sliding scale fee. Referral services. All ages. (503) 235-8057 ext. 7
- ★ Bienestar de La Familia: Counseling and mental health evaluations for Spanish speakers. Must live in Multnomah County. OHP, no fee. (503) 988-3999 ext. 29520
- ★ Family Latino Outreach and Addiction Services (FLOAT): Provided through Catholic Charities and Central City Concern. Offers Spanish speaking adults with counseling, case management, psychiatry and addiction services. Free. Referral packet must be completed. (503) 236-9670 ext. 37
- ★ MIOS: Mental health program which serves uninsured Latino families in Multnomah County. Offers counseling, case management, psychiatry and support groups. Will take OHP, free. Call "Telefono Amigo" for intake appointment : (503) 233-5816
- ★ FOR SPANISH SPEAKING MENTAL HEALTH SERVICES OUTSIDE OF MULTNOMAH COUNTY: search directory at <http://www.conexiones.us/redesnw/index.html>.
- ★ Asian Health and Service Center (AHSC): Chinese Medicine, counseling and medication management. Mental health services are on a sliding scale based on insured or uninsured. (503) 872-8822
- ★ Chinese Consolidated Benevolent Association: Open Saturdays. Offers community support for native Asians. (503) 223-9070
- ★ East County Community Clinic: Offers services for Latinos, migrant farm workers and the general community. Counseling and medication management services available at a sliding scale fee. Will provide services for undocumented workers. (503) 552-1515
- ★ OSSIP (Outreach and Support to Special Immigrant Populations): Provides assistance to victims of human trafficking. (503) 515-9902