Services, Support & Assistance

The HIV & Hepatitis C Resource Guide

Clackamas County, OR
Clark County, WA
Columbia County, OR
Multnomah County, OR
Washington County, OR
Yamhill County, OR

March, 2010

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To receive additional copies of this guide, call Multnomah County Health Department at 503-988-3030.

For corrections call the Hotline at 1-800-777-2437.

This guide is also available online at www.oregonaidshotline.com.

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INTRODUCTION

The Multnomah County Health Department and Cascade AIDS Project (CAP) provide this guide so that people living with HIV/AIDS can easily find the services they need. This guide is also for those who provide information and referral to HIV/AIDS services.

This guide covers Clackamas, Columbia, Multnomah, Washington, and Yamhill counties in Oregon, and Clark County in Washington. The information represents services available at the time the guide was revised. It's a good idea to call ahead to make sure that the services are still offered.
Most services are for low-income people and are free or low-cost, HIV/AIDS-specific, or HIV/AIDS-friendly. We do not list retailers, private practices, or professional offices (such as medical providers or counselors) unless they offer special discounts, services, or access to a limited resource.

HOW HIV/AIDS FUNDING WORKS

The Ryan White CARE Act
In 1990, the U.S. Congress created the Ryan White Comprehensive AIDS Resource Emergency Act, which provides money for the most urgent care needs of people living with HIV/AIDS. States receive some of this money as a block grant (Part B funds). More funds—called Ryan White Part A funds—are given to the hardest hit areas in the country. Clackamas, Columbia, Multnomah, Washington, and Yamhill counties in Oregon, and Clark County in Washington, make up a Part A area called the Portland Transitional Grant Area (or Portland TGA).

Ryan-White-funded services—Am I eligible?
Many Ryan-White-funded services are free or low cost. These services operate with very limited funds and are intended to provide assistance only after all other resources have been exhausted. Eligibility depends on the program. Some services are available for anyone living with HIV/AIDS. Others are only for those with low incomes or for those who are disabled by HIV/AIDS.
The symbol is used to show agencies that receive Ryan White CARE Act funds to provide at least one service.

HIV case managers are your best resource for finding out what services you are eligible for. See Medical Case Management on page 10: This is a very important section to read. You can also call the agencies and ask what their eligibility requirements are.

HOW THIS GUIDE IS ORGANIZED

The agencies in this guide are organized by the kinds of services they provide. The Table of Contents lists service headings to help you locate the services you need. If you still can't find an agency or service, check in the Index at the back of the guide.

What to look for in each entry
Use the information listed for each entry as a starting point. Each entry has the following information:

- agency name, address, and telephone number
- TDD/TTY numbers for hearing-impaired individuals
- Internet address
- brief description of the services offered
- availability of interpreters and/or bilingual staff
- availability of American Sign Language (ASL) interpreters

Hours of operation, cost, and other specifics are not always included because of frequent changes. Call each agency for details.

Symbols and what they mean

Agency is located within two blocks of a bus line.

Agency offers a service specifically for people living with HIV/AIDS.

Agency offers a service specifically for people living with hepatitis C.

Agency is wheelchair accessible.

Agency receives Ryan White CARE Act funds to provide at least one service.

Ryan White CARE Act funds help support many important free or low-cost services for low-income people with HIV/AIDS.

You will find a key to these symbols at the bottom of each listings page.

HOW TO GET INVOLVED

Volunteering at an HIV/AIDS-service agency is a good way to get involved. You can ask about volunteer opportunities at an agency that interests you or call the HIV/AIDS Hotline at 800-777-2437 in Oregon or 800-272-2437 in Washington.

If you would like to become involved in planning our system of HIV/AIDS care, contact the HIV Services Planning Council (see above). To find organizations that actively work to improve quality of life for people living with HIV/AIDS, see **Advocacy** in this book.

PLANNING GROUPS

Clark County HIV/AIDS Taskforce
Advisory & Planning Group
Mailing address only:
13803 SE 18th Apt. 4
Vancouver, WA 98683

Meetings 2nd Monday every month
6pm @ Columbia River Mental Health (4th Plain and Andersen)
email: clarkcountyhivaidstaskforce@yahoo.com
The mission of the Clark County HIV/AIDS Taskforce is to assess the needs of people affected and infected with HIV/AIDS and coordinate the available services in the greater SW Washington area.

The current goals are the continued hosting of the World AIDS Day event for Clark County, and working toward starting a warmline for SW Washington residents to be operated by volunteers. Supporting Lyles Miles and Marthas' Pantry as available.

HIV Services Planning Council
Advisory and Planning Group
3653 SE 34th Ave
Portland, OR 97202
503-988-3030 extension 25703
www.hivportland.org

This volunteer citizen decision-making body sets funding priorities and allocates $3 million in federal Ryan White CARE Act Title I funds for health care and support programs that serve low-income people living with HIV/AIDS in the Portland EMA. The council comprises consumers, care providers, and public health officials; at least 33% of the representatives must be people living with HIV/AIDS. Members must live in Clackamas, Columbia, Multnomah, Washington, or Yamhill counties in Oregon, or Clark County, Washington. Applications for membership are accepted year round. Meetings are held monthly and are open to the public. Call or visit the web site for the latest schedule.

RESOURCES FOR HEPATITIS C AND HIV-HCV COINFECTION

This guide includes resources for people with hepatitis C virus (HCV). Hepatitis C is a blood-borne virus that attacks the liver and is one of the most significant causes of chronic liver disease in the United States. According to Centers for Disease Control & Prevention estimates, over 4 million people in the United States are infected with HCV. Of those, one-quarter are also infected, or coinfected, with HIV.

Hepatitis C can cause liver damage more quickly in individuals who are coinfected with HIV. It can also affect HIV treatment. If you have HIV, it is important to know your HCV status early on. Hepatitis C is common among people infected with HIV who inject drugs, but you also can get it

in other ways.

The Hepatitis C chapter at the end of this guide contains services especially for people with hepatitis C. Places that offer services for people with HIV also may have hepatitis C resources. The C+ symbol is used throughout this guide to show agencies that provide at least one service for people with hepatitis C. Another way to find out about HCV services is to call the Oregon AIDS/STD Hotline at 800-777-2437.

ACCESS TO CARE

Cascade AIDS Project
CareLink

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

Outreach and advocacy for people with HIV who are having trouble getting into or staying in medical care due to language, homelessness, mental illness, or other barriers. Call if you or someone you know is having difficulty. Bilingual Spanish-speaking staff available.

Clark County Public Health
HIV/AIDS Case Management Program

1601 E Fourth Plain Blvd., 3rd Floor
Vancouver, WA 98666
360-397-8252

Outreach and advocacy for people with HIV who are having trouble getting into or staying in medical care due to language, homelessness, mental illness, or other barriers. Call if you or someone you know is having difficulty. Access to foreign-language interpreters.

MEDICAL CASE MANAGEMENT

If you have HIV/AIDS and need help, case management is a good place to start. Case management staff are your best resource for getting services. They can tell you about services and help you get connected. For people with complex needs, they can also:

- share their expertise in coordinating health benefits and meeting needs with limited resources
- offer you assistance and support if you run into problems applying for benefits or services
- evaluate your support systems and suggest ways to strengthen them

Case managers do not take over decision-making or do things for you that you could easily do yourself. They can save you time and hassle by directing you to available resources and helping you work through problems. If coordinating care is especially challenging (for example, for someone who is very ill, is experiencing mental illness, or does not speak English), a case manager can be very helpful. You do not have to be low-income to qualify for case management.

Where to Find Case Management...

Through Your Medical Provider If you're already seeing a doctor, ask whether you can get case

management through your provider. There are HIV case management staff available at Kaiser, OHSU, Providence, Legacy, and Multnomah County Health Department's HIV Health Services Center.

Clark County Public Health
HIV/AIDS Case Management Program

1601 E Fourth Plain Blvd., 3rd Floor
Vancouver, WA 98666
360-397-8252

Outreach and advocacy for people with HIV who are having trouble getting into or staying in medical care due to language, homelessness, mental illness, or other barriers. Call if you or someone you know is having difficulty. Access to foreign-language interpreters.

OHSU Partnership Project
HIV Case Management

5525 SE Milwaukie Ave.
Portland, OR 97202
503-230-1202
www.ohsu.edu/partnership

503-230-1213 fax
503-517-3590 intake

Case management provides HIV+ individuals with information & referrals, access to medical care, insurance, mental health and social services. They provide Intake, Assessment and Action Planning. Case managers help coordinate health insurance, aid in access to medical care, evaluate housing options, and refer for other client needs. Services are provided in a culturally and linguistically appropriate manner. Services available in Spanish. Interpretation available as needed. Call the Intake Line for more information.

Yamhill County Public Health
Case Management

412 NE Ford Street
McMinnville, OR 97128
503-434-7525
www.co.yamhill.or.us/ph

503-434-7421 fax

Case management and physician referral is available. Please call for more information.

GOVERNMENT BENEFITS

Government benefits cover basic needs such as medical care, insurance, and food for people who cannot support themselves. Meeting these basic needs puts you in a better position to focus on improving your health and support systems. It's worth checking to see if you can get these benefits. Case management staff can help you apply.
For additional basic needs programs, see **Basic Needs** section. The agencies in the Basic Needs section operate with limited funds and should be contacted only after you have checked out government benefits.

AM I ELIGIBLE?

Using the Internet, you can check to see whether you are eligible for government benefits before you apply. In some cases you may be able to download applications or apply for benefits online.

OregonHelps
www.oregonhelps.org
Check eligibility for several programs at once, including Oregon Health Plan, Medicaid, Medicare, Food Stamps, Social Security, veterans', WIC, housing, and other benefits. Available in English, Spanish, Russian, and Vietnamese formats.

Veterans Administration
www.va.gov
Check eligibility information and apply for veterans' benefits.

Washington Department of Social & Human Services
www1.dshs.wa.gov/ESA/TEC/
Check eligibility for health and child welfare programs including Medicaid, Food Stamps, financial assistance, and WIC.

BIRTH CERTIFICATES

If you're applying for Medicaid, you may be asked to show a copy of your birth certificate. If you were born in the U.S., you can get your birth certificate from the vital records office (state, county, or city) for where you were born. A fee is charged, and there may be a wait.

Centers for Disease Control
Center for Health Statistics
www.cdc.gov/nchs/howto/w2w/w2welcom.htm
Find vital records offices for all U.S. states and territories. Search by state or territory, or download a printable directory to all vital records offices.

VitalChek
www.vitalchek.com
Search for vital records offices and order birth certificates online (where available). Contains links and contact information to all vital records offices.

FEDERAL

Medicaid & Medicare
Medicaid and Medicare are federally funded health insurance programs. Eligibility is determined by income level, duration and type of disability, and age.

Medicaid
Medicaid is jointly sponsored by state and federal governments and serves low-income disabled people of all ages. Medicaid offers comprehensive medical care that includes doctor visits, hospital care, dental care, drug treatment, and some prescriptions. Oregon provides its Medicaid coverage through the Oregon Health Plan or "open card." In Washington, you can apply for Medicaid at the Community Services Office near you (see page 20). You must provide proof of U.S. citizenship, such as a passport, birth certificate, or naturalization papers.

If you are receiving any amount of Supplemental Security Income (SSI), you are automatically eligible for Medicaid. You also are eligible for Medicaid if you are receiving General Assistance. If you stop receiving SSI (generally because you have begun to work), you will be "1619B eligible." This means that you may continue your Medicaid while you are working.

If you are disabled, you may be able to return to work and continue your Medicaid through the Ticket to Work, Employed Persons with Disabilities (Oregon), or Healthcare for Workers with Disabilities (Washington) programs.

Administration for Children and Families
Low Income Energy Assitance Program (LIEAP)

This federally funded emergency assistance program helps low-income people pay for heating bills during the winter. See the Financial Assistance section of this book for more information and to find an agency in your area that distributes LIEAP funds.

Food & Nutrition Service (USDA)
Women, Infants, & Children (WIC)
800-322-2588 Washington fax
503-988-3503 Portland
www.oregon.gov/DHS/ph/wic/
www.doh.wa.gov/cfh/wic/

This USDA-funded program provides nutrition education, breast-feeding support, and food vouchers for low-income women who are pregnant or breast-feeding, and infants and children under 5. To be eligible, your household income must be less than 185% of the federal poverty level, and you must have a nutritional need. Call for a screening.

Medicare

Medicare
800-633-4227 TTY fax
800-633-4227
www.medicare.gov

Medicare is offered through the Social Security Administration, and offers basic medical coverage to people over 65 and to some people with disabilities or kidney disease. Medicare is basic medical coverage and does not cover dental care or prescription drugs. If you have been receiving Social Security Disability Insurance (SSDI) for 2 years, you are eligible for Medicare. To listen to a recorded overview of Medicare, call Tel-Law at 800-452-4776 and press 1097. Prescription drug coverage is available by enrolling in a separate prescription drug plan called Medicare Part D. These plans have premiums and deductibles. If you cannot afford a drug plan, you can apply to have the premiums reduced. If you have HIV or AIDS and live in Oregon, you may qualify to have your premiums paid for through CareAssist .

United States SSA

Social Security Administration (SSA)

800-772-1213
www.ssa.gov
Call to apply for SSI or SSDI. The operator will set up an appointment with the Social Security office nearest you or schedule a home visit. Call also for help with claims.

800-452-4776
www.osbar.org
Tel-Law's telephone library. This is a good starting point for learning about SSI/SSDI. To hear about...

SSI, press 1094
SSDI, press 1096
Medicare, press 1097

The Social Security Administration (SSA) has two federally funded programs to provide disability income:

Social Security Disability Insurance (SSDI) is for disabled people who have worked and paid Social Security taxes.

Supplemental Security Income (SSI) is for people who are low-income and either blind, disabled, or over 65. SSI can supplement SSDI.

Once enrolled, you will receive checks every month for as long as you are eligible. If you become eligible for at least one dollar of SSI, you are "categorically eligible." This means that you are eligible for food stamps and Medicaid. If you have been eligible for SSDI benefits for 2 years, you will be eligible for Medicare.

If you apply for SSI, you may want to apply for General Assistance (see below) for income assistance while you wait for a decision on your application.

The Social Security Administration has a unique list of conditions that define what it means to be disabled with HIV/AIDS. You need more than an HIV or AIDS diagnosis to qualify. You must have a disability that will either prevent you from working for at least 12 months or result in death, and you cannot be eligible if the disability was caused by alcohol or drugs. You will want to ask your doctor for more information and help, or contact a case manager. Visit the SSA web site to download a copy of Social Security for People Living with HIV/AIDS, and Disability Benefits.

General Assistance
General Assistance is a state-funded, temporary financial and medical assistance program for people who are unemployed because of a physical or mental disability. This program helps people while they wait for the Social Security Administration to make a decision about their application for Social Security Income (SSI). General Assistance is not currently available in Oregon, but it is available if you live in Washington.

Once on General Assistance, you will receive checks every month until you start to receive SSI. You also will get food stamps and medical coverage through Medicaid. Once you receive SSI, the total amount you received in General Assistance will be deducted from your SSI award. To apply, call or go to your local Community Services Office for a screening.

US Department of Veterans Affairs (VA)
Veterans Administration
www.hiv.va.gov

The Veterans Administration (VA) has programs that provide eligible veterans with medical care, disability assistance, and other benefits. Call the enrollment office eligibility hotline to see if you are eligible for health care benefits through the Portland VA Medical Center. You can also get eligibility information and apply for benefits online.

OREGON

Oregon (FHIAP)
Family Health Insurance Assitance Program (FHIAP)
888-564-9669
www.oregon.gov/OPHP/FHIAP/

Helps uninsured, low-income Oregonians buy private health insurance by paying part of the premium. This subsidy can be applied to health insurance available through your work, or to an individual policy that you buy. To be eligible, you must have been without insurance for the past 6 months, and meet income and asset guidelines. Call to apply before you sign up for insurance. You will be enrolled right away if you can get insurance through work. If you need an individual policy, you must call to get on the waiting list. (The wait is currently 1 year.) You will be sent an application when there is an opening.
If you have been rejected for individual health insurance, you may be able to apply your FHIAP subsidy to the premium for high-risk insurance through OMIP (see next page).

Oregon (OMIP)
Oregon Medical Insurance Pool (OMIP)

800-848-7280
www.omip.state.or.us

If you live in Oregon and have been rejected for individual health insurance coverage and do not qualify for Medicaid or Medicare, this is where you can buy high-risk health insurance. Preexisting conditions are covered after a six-month waiting period. This is not a low-cost program. However, if you have HIV or AIDS, you may qualify to have your premiums paid for through the CareAssist program

Oregon Department of Human Services
CAREAssist

800 NE Oregon Street Suite 1105
Portland, OR 97232
www.oregon.gov/DHS

CAREAssist
Phone: 971-673-0144
Phone (Toll-Free): 800-805-2313
Fax: 971-673-0142
Address: 800 NE Oregon Street Suite 1105.

Helps low-income Oregonians living with HIV/AIDS pay for HIV medications, including co-pays and deductibles. If at least 50% of your prescription costs are covered by your medical insurance, this program can also help pay for insurance premiums and deductibles. Examples include Oregon Health Plan, OMIP, COBRA, some private insurance, and Medicare Part D drug plans. Participants pay part of the coverage costs based on their income.

Eligibility varies. Typically, your gross income cannot be more than 200% of the federal poverty level. There is also an asset limit. Call for more information on how to get health insurance if you are uninsured. Access to foreign-language interpreters.

Oregon Health Plan
Health Insurance Benefits
800-359-9517
www.oregon.gov/DHS/healthplan/index.shtml

This federal- and state-funded program provides health insurance for low-income Oregon residents who are uninsured. There are two plans:
OHP Plus is comprehensive medical care for pregnant women, children under age 19, and people who are disabled and receiving SSI or General Assistance.

OHP Standard (closed to new applicants) is basic medical coverage for other low-income

people. It does not cover routine dental or vision check-ups, or transportation. To be eligible you must:

- have an income below the federal poverty level when averaged over the past 3 months
- have liquid assets less than the OHP limit (includes things like stocks and bonds but not your house or car)
- have been without insurance for the past 6 months (excludes FHIAP)

OHP Standard has premiums and co-pays. However, if you have HIV or AIDS, you may qualify to have your premiums paid for through CareAssist. If you do not pay your premiums, you may lose your benefits and will not be allowed to reapply. If payments were missed due to a mental health condition, you may be able to have your benefits reinstated. Contact a case worker for help.

Emergency Health Card

If you are applying for OHP Plus and need immediate care, you may be able to get an emergency health card. Self-Sufficiency and Disability Services office caseworkers issue these. See pages 19–20 for the office nearest you.

Questions About Your Coverage?

If you are already covered and have questions, call your health plan. If you still need help, call the client assistance department at 800-273-0557.

WASHINGTON

Clark County Public Health
HealthCare Net

1601 E Fourth Plain Blvd., 3rd Floor
Vancouver, WA 98666
360-397-8252

Helps Clark County residents with HIV/AIDS pay for health insurance premiums, deductibles, and co-pays. To qualify , your medical insurance must cover at least 50% of your prescription costs, and you must not be eligible for Medicaid, Medicare, or other government health insurance benefits. Participants pay part of the coverage costs based on their income sources. Eligibility varies. Your gross income must be below 200% of the federal poverty level. There is also an asset limit. Call for information.

Washington Health Care Authority
Washington State Health Insurance Pool (WSHIP)

360-923-9701 TTY
800-660-9840
www.basichealth.hca.wa.gov

800-387-8224 Russian

If you live in Washington and have been rejected for individual health insurance coverage (including a Medicare supplement plan), this is where you can buy high-risk health insurance. Preexisting conditions are covered after a six-month waiting period. This is not a low-cost program. However, if you have HIV or AIDS, you may qualify to have your premiums paid for

through the HealthCare Net program.

WHERE TO APPLY FOR WHAT

Oregon—Self-Sufficiency Offices

If you live in Oregon and are not disabled, visit the Self-Sufficiency Office below in the area where you live to apply for **Food Stamps**, **financial assistance**, and the **Oregon Health Plan**. Spanish-speaking staff and other foreign-language speakers available.

Clackamas County

Oregon City 315 S Beavercreek Rd.	503-657-2043
Milwaukie 4252 SE International Way, Suite A	503-731-3400

Columbia County

St. Helens 500 N Hwy 30, Suite 210	503-397-1784

Multnomah County

East Portland 1415 SE 122nd Ave.	503-257-4200
Northeast Portland–Hollywood 4425 NE Broadway	503-280-6683
North Portland–Albina 30 N Webster St.	503-280-6781
North Portland–St. John's 6443 N Lombard St.	503-731-4646
Southeast Portland 3975 SE Powell Blvd.	503-731-3181
Old Town–New Market 50 SW 2nd Ave.	971-673-1400
Gresham 912 NE Kelly Ave.	503-491-1979

Washington County

Beaverton Multiservice Center 12901 SW Jenkins Rd., Suite B	503-646-9952
Hillsboro Multiservice Center 5920 SE Ray Circle, Suite 110	503-648-8951
Tigard–Cascade Multiservice Center 10777 SW Cascade Blvd.	503-670-9711

Yamhill County

McMinnville
368 NE Norton Lane 503-472-0311

Oregon—Disability Services

If you live in Oregon and are disabled, contact one of the Disability Services offices below in the area where you live to apply for **Food Stamps**, the E**mployed Persons with Disabilities Program (EPD)**, and the **Client-Employed Provider Program**.

Clackamas County

Clackamas Area Agency on Aging
2051 Kaen Rd., Oregon City 503-655-8640

Columbia County

Seniors & People with Disabilities
500 N Hwy. 30, Suite 240, St. Helens 503-397-5863

Multnomah County

Aging & Disability Services East Area
600 NE 8th St., Suite 100, Gresham 503-988-3840

Aging & Disability Services Mid-County
2900 SE 122nd Ave., Portland 503-988-5480

Aging & Disability Services North/Northeast Portland
5325 NE MLK Jr. Blvd. 503-988-5470

Aging & Disability Services Southeast Portland
4610 SE Belmont St., Suite 200 503-988-3660

Aging & Disability Services West Portland
1111 SW 10th Ave., 2nd Floor 503-988-5460

Washington County

Beaverton Disability & Aging Services 503-627-0362
4805 SW Griffith Dr.

Yamhill County

McMinnville Disability Services Office 503-472-9441
300 SW Hill Rd.

Washington—Department of Social & Health Services

If you live in Clark County, Washington, contact the Community Services Office below to apply for **Food Stamps, General Assistance, Basic Health, and Medicaid.**

Vancouver

Columbia River Community Services Office 360-759-2800
5411 NE Mill Plain Blvd., Bldg. 1

advocacy
discrimination
legal assistance
political organizations

Advocacy is the active support of a cause, person, or group of people. Agencies in this section offer different ways to advocate for HIV/AIDS issues and services.

ADVOCACY

Business/Labor Responds to AIDS
HIV in the Workplace

Centers for Disease Control
877-242-9760
www.aidsatwork.org

Technical assistance and education for employers and employees about dealing with AIDS in the workplace. Includes legal issues and employment rights. Order publications by phone or online. Information available in Spanish.

Compassion of Oregon
Compassion in Dying Services
PO Box 6404
Portland, OR 97228
503-525-1956
www.compassionoforegon.org

Information and support on death-with-dignity-related issues. Advocates for patient rights relating to end of life care, including assisted suicide. Advance directive and hospital authorization forms for unmarried partners available online.

Legal Aid Services of Oregon
Public Benefits Hotline
800-520-5292
www.osbar.org/public/ris/LowCostLegalHelp/LegalAid.html

Advice about problems with government benefits, like what to do if you have been denied public assistance such as Food Stamps, Welfare, SSI, SSDI, or Medicaid (Oregon Health Plan). Serves low-income Oregon residents. Call Monday, Tuesday, and Thursday, 1-4pm, and Wednesday and Friday, 9am-Noon. Spanish-speaking staff available.

National Association of People with AIDS
National Political & Advocacy Group

866-846-9366
www.napwa.org

Leadership development training for people living with HIV/AIDS.

National Minority AIDS Council
Advocacy & Policy

www.nmac.org

Leadership development, technical assistance, and policy work addressing HIV/AIDS within communities of color.

Oregon Law Help
Free Legal Help
www.oregonlawhelp.org

Self-help legal information and legal-aid directory for low-income Oregon residents. Available in English, Spanish, and other languages.

Positive Support Association
General Information

pridelabs@gmail.com
928-569-1950
www.positive-supoport.org

Supports all persons that have been affected by the HIV/AIDS epidemic here in the Pacific Northwest. The PSA maintains a comprehensive web site that people can visit to help newly diagnosed persons get help and support. The PSA is also seeking volunteers to assist in HIV/AIDS Awareness Projects, including our Peer Positive Mentorship Program.

DISCRIMINATION

Bureau of Labor and Industry (BOLI)
Civil Rights Division

800 NE Oregon St., Suite 1045
Portland, OR 97232
971-673-0764
www.boli.state.or.us

Call if you believe you have been discriminated against in employment, housing, or public

accommodation because of your HIV status. Spanish-speaking staff available. Information about discrimination law is available online.

Clackamas County Department of Human Services
Housing Rights and Resources

2051 Kaen Road
Oregon City, OR 97045
503-650-5750
www.co.clackamas.or.us/dhs

503-650-5722 fax

Information, referral, and help to file housing complaints and resolve landlord-tenant disputes for Clackamas County residents. Access to Spanish-speaking staff.

Disability Rights Oregon
Legal Assistance

620 SW 5th Ave., 5th Floor
Portland, OR 97204
503-243-2081
www.disabilityrightsoregon.org

503-243-1738 fax
TTY: 503-323-9161

Lawyers and advocates help people with disabilities (including people living with HIV/AIDS) with legal problems that relate directly to their disability. Spanish-speaking staff available. Access to other foreign-language and ASL interpreters.

Toll Free Lines:
800-452-1694
800-556-5351 TTY

Fair Housing Council of Oregon
Legal Assistance

506 SW Sixth Avenue, Suite 1111
Portland, OR 97204
503-223-8197
www.fhco.org

503-223-3396 fax
800-424-3247

Investigates housing discrimination complaints. Call for information on housing discrimination issues. Spanish-speaking staff available. Access to AT&T language line. E-mail: information@fhco.org.

Clark County Volunteer Lawyers Program
Legal Assistance
1409 Franklin St., Suite 101
Vancouver, Washington 98660
360-695-5313

360-823-0621 fax
360-823-0423 administration

Free legal assistance for low-income Clark County residents. Areas include family law, landlord-tenant disputes, bankruptcy, collection. Call for intake Monday-Thursday between 9am-4pm. Access to foreign-language interpreters and Spanish-speaking staff.

Legal Aid Services of Oregon
Legal Assistance

800-520-5292
www.osbar.org/public/ris/LowCostLegalHelp/LegalAid.html

Legal assistance for low-income people. Includes landlord-tenant disputes, subsidized housing, government benefits, senior issues, domestic relations, and domestic violence.
Spanish-speaking staff. ASL and other foreign-language interpreters available.

Clackamas County
421 High St., Suite 110
Oregon City, OR 97045
503-655-2518 or 800-228-6958

Multnomah County
921 SW Washington St., Suite 500
Portland, OR 97205
503-224-4086 or 888-610-8764

Washington & Columbia County
230 NE 2nd St., Suite A
Hillsboro, OR 97124
503-648-7163 or 888-245-4091

Yamhill County
720 SE 3rd St.
McMinnville, OR 97124
503-648-7163 or 888-245-4091

Lewis & Clark Legal Clinic
Legal Assistance

310 SW 4th Ave. Suite 1018
Portland, OR 97204
503-768-6500
www.lclark.edu/dept/lclinic

503-768-6540 fax

Teaching clinic for the Northwestern School of Law. Legal interns, under the supervision of attorneys, assist people in the following areas: unemployment compensation hearings, child support modifications, domestic violence issues (including restraining orders), eviction, Chapter 7 bankruptcy, and IRS tax issues.

Services are free to anyone meeting low-income guidelines. Cases involving a court appearance are only accepted if the appearance is in Multnomah County court. Client intake limited to academic semesters. Access to Spanish-speaking staff and volunteers.

Northwest Justice Project
CLEAR
500 W. 8th, Suite 275
Vancouver, WA 98660
888-201-1014
www.nwjustice.org

Free legal assistance with noncriminal issues such as family law, housing, landlord-tenant disputes, senior issues, and problems with public benefits. Serves Washington residents (except King County) who have low income, and seniors over 60 years old. Call weekdays between 9:30am and 12:30pm.

Oregon Bar Association
Referral Service
800-452-7636
503-684-3763
www.osbar.org

Statewide lawyer referral service. Reduced-fee services for low-income Oregon residents through the Modest Means Program. Free legal advice and half-hour consultation for youth aged 11 to 17 through the Problem Solvers program.

Oregon Bar Association Tel-Law
Information
503-620-3000
800-452-4776
www.osbar.org

This is an automated phone information service. Provides directories of information on: Americans with Disabilities Act, bankruptcy and credit, business law, consumer law, court, criminal law, employment and benefits, estate planning, family law, insurance, a

lawyers directory, info on real estate, arbitration and mediation, tax law, tenants and landlords, and traffic law. Call to order a directory. Available in English, Spanish, Russian, and Vietnamese formats.

Oregon Law Help
Free Legal Help
www.oregonlawhelp.org

Self-help legal information and legal-aid directory for low-income Oregon residents. Available in English, Spanish, and other languages.

Outside In
SSI/SSDI Outreach, Access, and Recovery (SOAR)

1132 SW 13th Ave.
Portland, OR 97205
503-535-3890
www.outsidein.org

503-535-3868 fax
info@outsidein.org

Assisting people living with HIV in applying for SSI/SSDI in the Portland Metropolitan area including the counties of Multnomah, Columbia, Clark, Yamhill, Clackamas, Washington and Skamania. Offices at Outside In and at Cascade AIDS Project (208 SW 5th Ave, Suite 800).

Washington Law Help
Free Legal Help
www.washingtonlawhelp.org

Self-help legal information and legal-aid directory for low-income Washington residents. Available in English, Spanish, and other languages.

POLITICAL ORGANIZATIONS

National Association of People with AIDS
National Political & Advocacy Group

866-846-9366
www.napwa.org

Leadership development training for people living with HIV/AIDS.

National Minority AIDS Council
Advocacy & Policy

www.nmac.org

Leadership development, technical assistance, and policy work addressing HIV/AIDS within communities of color.

wheelchair accessable agency receives Ryan White CARE Act funds

ALCOHOL & DRUG TREATMENT

help lines
recovery groups
sexual addiction treatment

This section includes alcohol and drug treament programs and recovery groups, including programs specifically for people living with HIV/AIDS.

HELP LINES

Oregon Helplines
Drug & Alcohol
800-923-4357 toll free
503-244-1312

877-515-7848 Spanish (toll free)
503-244-1611 Youthline
877-244-1611 Youthline (tol free)

RECOVERY GROUPS

12-Step Recovery Groups
Addiction Support
www.pdxaa.com

Contact for a meeting schedule. Ask AA about groups for women only.

Alcoholics Anonymous (AA)
503-223-8569
503-848-0102 Spanish
360-694-3870 Vancouver

Al-Anon & Alateen
503-292-1333
360-693-5781 Vancouver

Cocaine Anonymous (CA)
503-256-1666
800-662-2463 Vancouver

Crystal Meth Anonymous (CMA)
www.crystalmeth.org

Narcotics Anonymous (NA)
503-727-3733

Sex Addicts Anonymous (SAA)
503-452-5961

Alano Club of Portland
Recovery Meeting Place

909 NW 24th Ave
Portland, OR 97210
503-222-5756
www.portlandalano.org

503-248-0483 fax
info@portlandalano.org

An inviting and supportive community space for individuals and families recovering from alcoholism, drug addiction, and other addictive disorders. Call for schedules. Meeting times vary.

HIV Day Center
Drug & Alcohol Support

2941 NE Ainsworth
Portland, OR 97211
503-460-3822
www.emoregon.org/HIV-day_center.php

hivcenter@emoregon.org

Alcohol and drug support group for low-income people with HIV/AIDS. Call for times and more information.

Miracles Club
Drug & Alcohol Support

4069 NE Martin Luther King Jr. Blvd.
Portland, OR 97212
503-249-8559

12-step recovery club with NA meetings held 7 days a week. Call or drop by for a schedule.

Quest Center for Integrative Health
Finding and Sustaining Recovery Program

2901 E Burnside St.
Portland, OR 97214
503-238-5203
www.quest-center.org

info@quest-center.org

The Finding and Sustaining Recovery (FSR) program is an abstinence based multi-disciplinary and integrated alcohol, drug, and mental health program using evidence-based approaches to develop and maintain clean and healthy lifestyles. Our client centered program helps people to develop and support a culture and community of recovery through peer mentor engagement,

one-on-one counseling, group therapy, and acupuncture. Our program offers level 2.5 intensive outpatient treatment 5 days a week.

Recovery Association Project
Drug & Alcohol Support

18438 SE Pine St.
Portland, OR 97233
503-493-9211
www.rap-nw.org

503-489-0765 fax

Offers support and resources for people in recovery including residency programs through Oxford Houses. Call or check the web site for more information.

Sexual Minority Youth Resource Center (SMYRC)
SMART Recovery Group

3024 NE Martin Luther King Jr. Blvd.
Portland, OR 97212
503-872-9664
www.smyrc.org

503-231-3051 fax
info@smyrc.org

A recovery group for sexual minority youth working through various types of addiction. Free for youth under 24 years of age. Call for more information.

SEXUAL ADDICTION

OHSU Partnership Project - SHOP
Supporting Healthy Options for Prevention (SHOP)

5525 SE Milwaukie Ave.
Portland, OR 97202
503-230-1202 intake
www.ohsu.edu/partnership/shop.html

503-230-1213 fax
877-795-7700 toll free

This is a program set up for HIV+ persons and those of unknown status to openly discuss and explore their behaviors in terms of HIV transmission risk. Can be done in person or by phone. The program is no-cost and confidential in nature. Incentives are available for each session completed, up to 6 sessions. Call for more information and an intake appointment. Spanish-speaking staff available.

Alpha House - also see CODA
Alpha - Inpatient and Outpatient Treatment
1427 SE 182nd Ave
Portland, OR 97233
503-761-6006
www.codainc.org

Residential and outpatient treatment, HIV education, women and men with or without children, groups on anger management, social skills, thinking errors, parenting criminality. Russian-speaking staff available. Also see CODA Treatment Recovery Prevention.

Cascadia Behavioral Healthcare
Triangle Project

2415 SE 43rd Ave., Suite 200
Portland, OR 97206
503-230-9654
www.cascadiabhc.org

503-239-5953 fax
503-674-7777 intake

Outpatient treatment for chemical dependency. Specialized services for gay, lesbian, bisexual, and transgender persons include gay- and lesbian-specific recovery groups and treatment plans, crystal meth treatment for gay and bisexual men, sexual addiction services, and experience working with HIV+ individuals. Services may be free to eligible clients with HIV/AIDS, or have a sliding fee scale. Accepts Oregon Health Plan Plus, limited insurance, and self-pay. ASL and foreign-language interpreters available.

Center for Family & Adolescent Research (CFAR)
Youth and Family Drug Treatment

729 NE Oregon St. Suite 150
Portland, OR 97232
503-243-1065
www.ori.org/cfar/portland

503-243-7813 fax
877-251-8183 toll free

Free substance use treatment for adolescents and their families as part of research studies. Programs for youth using methamphetamine, substance-using youth with depression and for families seeking help engaging youth in treatment.

Central City Concern - Old Town Clinic
Alcohol & Drug Treatment

727 W Burnside St.
Portland, OR 97209
503-228-4533
www.centralcityconcern.org/oldtown.htm

Community Engagement Program, detox, residential treatment for mothers, mentor program, parole transition program, programs for Spanish-speaking youth and adults. Alcohol- and drug-free housing available with case management. Spanish-speaking staff and ASL interpreters available.

ChangePoint
Addiction Support

1949 SE 122nd Ave
Portland, OR 97233
503-253-5954
www.changepointinc.com

503-253-4643 fax

Outpatient services, cultural & gender-specific programs, and gambling treatment. Spanish-speaking services available. OHP and sliding fee scale accepted. Free methamphetamine treatment for Multnomah County residents. Locations in Portland, Gresham, Beaverton, and Vancouver. Spanish- and Russian-speaking staff available.

City Team
Recovery Program

526 SE Grand Ave.
Portland, OR 97214
503-231-9334
www.cityteam.org/portland

503-231-9334 fax
portland@cityteam.org

Outpatient recovery program for men struggling with alcohol and drug abuse issues.

Clark County HIV/AIDS Case Management Program
Substance Abuse Referral

1601 E Fourth Plain Blvd, Third Floor
Vancouver, WA 98666
360-397-8060
www.clark.wa.gov/public-health/hiv/case.html

Referral to free substance abuse treatment for low-income Clark County residents with HIV/AIDS.

CODA
Treatment, Recovery, & Prevention

1027 E Burnside St.
Portland, OR 97214
503-239-8400
www.codainc.org

503-239-8406 fax
admissions@codainc.org

Residential and outpatient treatment includes methadone, detox, and counseling. Specialized programs for pregnant women, women with preschool-age children, and single parents. Burnside, Tigard, and Gresham locations. Transitional housing available. Child care at most sites. Accepts Oregon Health Plan Plus, open card, Medicare, fee waivers, Title 19, private insurance, and self-pay. Some publicly funded slots available. Spanish-speaking staff available. Access to ASL and other foreign-language interpreters.

Community Services Northwest (CSNW)
Alcohol, Drug & Mental Health

1601 E Fourth Plain Blvd, #17
Vancouver, WA 98661
360-397-8484
www.communityservicesnw.org

360-397-8492 fax
360-397-8484 mental health

Alcohol, drug, and mental health treatment provided in-home and at supportive community locations. Free for low-income Clark County adults living with HIV/AIDS or hepatitis C. Lesbian- and gay-friendly recovery groups, and detox referral. Co-Ed, gender-specific, pregnant and parenting, and gambling support groups available. Access to ASL and foreign-language interpreters. Formerly Northwest Recovery Center.

De Paul Treatment Centers
Adult Treatment Services

1312 SW Washington
Portland, OR 97205
503-535-1151
www.depaultreatmentcenters.org

503-535-1190 fax

Residential and outpatient alcohol and drug treatment. Outpatient locations in Portland and Hillsboro. Specialized programs for Latino men, and for people with a mental health disorder. Accepts Oregon Health Plan Plus and Standard, open card, private insurance, and self-pay. Sliding fee scale and publicly funded services available for HIV+ people. Spanish-speaking staff available. Access to ASL and other foreign-language interpreters.

De Paul Treatment Centers - Youth Center
Drug & Alcohol Support

4310 NE Killingsworth St.
Portland, OR 97218
503-535-1181
www.depaultreatmentcenters.org

503-528-0800 fax

Residential alcohol and drug treatment for youth aged 12 to 18. May require parental consent. Accepts Oregon Health Plan Plus and Standard, open card, private insurance, and self-pay. Sliding fee scale and publicly funded services available for HIV+ people.

Hooper Detoxification Center
Detox Services

1535 N Williams Ave.
Portland, OR 97227
503-238-2069
centralcityconcern.org/hooper_center.htm

Five- to eight-day subacute medical detox. Four- to six-hour sobering station. Accepts Oregon Health Plan Plus, private insurance, and self-pay. Sliding fee scale. Acupuncture available to detox patients. Part-time Spanish-speaking staff available. A program of Central City Concern.

Letty Owings Center
Addiction Support

2545 NE Flanders St.
Portland, OR 97232
503-235-3546
www.centralcityconcern.org/loc.htm

503-235-3791 fax

Residential alcohol and drug treatment program for low-income pregnant women and women with preschool-age children. Free methamphetamine treatment available to Multnomah County residents. Publicly funded services available. Accepts Oregon Health Plan Plus and self-pay. A program of Central City Concern.

Lifeworks Northwest
Alcohol & Drug Treatment

14600 NW Cornell Road
Portland, OR 97229
503-645-3581
www.lifeworksnw.org

503-629-8517 fax
503-645-3581 intake

Multicultural-focused outpatient alcohol and drug treatment services. Services available for people of all ages, cultural backgrounds and abilities. Free alcohol and drug assessments for

youth. Residential treatment and transitional housing for women with children. Accepts OHP, open card, private insurance and self-pay. Sliding fee scale and publicly funded services available.

North American Rehabilitation Association (NARA)
Treatment Services

www.naranorthwest.org

Residential and outpatient treatment for Native American and Native Alaskan adults. Outpatient treatment for youth up to age 21. Support services for individuals and families, including children up to age 5, at residential site. Domestic violence and codependency programs. Accepts Oregon Health Plan, open card, most insurance, and self-pay. Sliding fee scale.

Outpatient Clinic
1631 SW Columbia St.
Portland, OR 97201
503-231-2641 intake
503-621-1069 residential

Star Shield Family Wellness
1776 SW Madison St.
Portland, OR 97205
503-224-1044 intake

OHSU Behavioral Health Clinic
Outpatient Programs

621 SW Alder St., Suite 520
Portland, OR 97205
503-494-4745
www.ohsuhealth.com

503-494-4747 fax

Outpatient alcohol and drug treatment programs include services for people with a mental health diagnosis. Pathological gambling treatment. Accepts CareOregon (Oregon Health Plan Plus), open card, private insurance, and self-pay. Limited sliding fee scale. Access to ASL and foreign language interpreters.

Outside In
IDU Health Services

1132 SW 13th Ave.
Portland, OR 97205
503-535-3890
www.outsidein.org

503-535-3868 fax
info@outsidein.org

Groups for alcohol and drug users meet weekly to discuss strategies for safer use. Includes a group specifically for women in the sex industry. Call for times and location and for referrals to syringe exchange locations.

Project Network
Program of Lifeworks Northwest

2631 N Mississippi
Portland, OR 97227
503-335-0855

503-335-8125 fax

Residential alcohol and drug treatment with an African-American focus. Serves chemically addicted women who are pregnant or have an infant under 12 months. Accepts Oregon Health Plan Plus and open card. Includes dual diagnosis, mental health, trauma, and domestic violence groups. Spanish-speaking staff available.

Quest Center for Integrative Health
Finding and Sustaining Recovery Program

2901 E Burnside St.
Portland, OR 97214
503-238-5203
www.quest-center.org

info@quest-center.org

The Finding and Sustaining Recovery (FSR) program is an abstinence based multi-disciplinary and integrated alcohol, drug, and mental health program using evidence-based approaches to develop and maintain clean and healthy lifestyles. Our client centered program helps people to develop and support a culture and community of recovery through peer mentor engagement, one-on-one counseling, group therapy, and acupuncture. Our program offers level 2.5 intensive outpatient treatment 5 days a week.

RAM Clinic
Drug Abuse & Addiction Information & Treatment

3610 NE 82nd Ave., 2nd Floor
Portland, OR 97220
503-408-9585
www.ramclinic.org

503-408-9585 fax
dave@ramclinic.org

Opiate addiction support, group counseling, individual counseling, community referrals, drug screening, and coordination of care services available. Affordable payment plans. Call for more information.

Victory Outreach
Recovery Center

16022 SE Stark St.
Portland, OR 97233
503-335-3264
www.voportland.com

503-335-9828 fax
church@voportland.com

Faith-based residential alcohol and drug program for men and women. Support groups available. Low cost. Spanish-speaking staff available.

Yamhill County Health & Human Services
Chemical Dependency

627 NE Evans St.
McMinnville, OR 97218
503-434-7523
www.co.yamhill.or.us/hhs

503-434-7527 intake

Outpatient alcohol and drug treatment for Yamhill County adults. Prevention and early intervention services. Accepts Oregon Health Plan Plus, most insurance, and self-pay. Sliding fee scale. Access to Spanish-speaking staff.

BASIC NEEDS

activities
children
clothing & household items
disability resources
drop-in centers
employment
financial assistance
food & nutrition
funeral & cremation
housing
information & referral
insurance
pets
telephone
transportation

This section includes those things that you need to survive, such as food, clothing, and shelter. Most programs operate on very limited funding.

ACTIVITIES

Cascade AIDS Project
Activities

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

Camp Starlight
Free, week-long summer camp for kids aged 5 to 14 who are living with or affected by HIV/AIDS. Held in late August. Serves Oregon and Southwest Washington residents. Volunteers needed.

The Link
A social activity group for HIV-positive gay and bisexual men. Meets every 2nd Wednesday at Pivot (209 SW Fourth Avenue).

Positive Force
Positive Force is a group of people living with HIV who are out and open about their status. Occasionally meets for socializing and networking opportunities. Call Cascade AIDS Project for more information.

Positive Support Association
General Information

pridelabs@gmail.com
928-569-1950
www.positive-supoport.org

Supports all persons that have been affected by the HIV/AIDS epidemic here in the Pacific Northwest. The PSA maintains a comprehensive web site that people can visit to help newly diagnosed persons get help and support. The PSA is also seeking volunteers to assist in HIV/AIDS Awareness Projects, including our Peer Positive Mentorship Program.

Quest Center for Integrative Health
Wellness

2901 E Burnside St.
Portland, OR 97214
503-238-5203
www.quest-center.org

info@quest-center.org

Yoga classes, mentoring and social activities for people with HIV/AIDS. Call for more information.

Write Around Portland (WRAP)
Writing Group
503-796-9224
www.writearound.org

Free creative writing workshops for people with HIV/AIDS at Cascade AIDS Project, and for sexual minority youth at SMYRC. Call for a schedule.

CHILDREN

Cascade AIDS Project
Kids' Connection

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

Kids' Connection provides social, educational and support services for families impacted by HIV. Specific support includes disclosure in the family, teaching young children about HIV, support for children living with HIV, guardianship planning preparations, school disclosure support, and family-to-family social connections.

Cascade AIDS Project
Warehouse Project

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

Call to get on the waiting list for furniture. Priority is given to tenants who are in Cascade AIDS Project's housing programs. Bilingual Spanish-speaking staff available.

Community Warehouse Northwest
Furniture
3969 NE Martin Luther King Jr. Blvd
Portland, OR 97212
503-235-8786
communitywarehouse.org

Provides case managers with free furniture and household items for low-income clients they are helping. The warehouse does not work directly with clients. Visit the web site for a list of participating agencies.

HIV Day Center
Clothing and Household Items

2941 NE Ainsworth
Portland, OR 97211
503-460-3822
www.emoregon.org/HIV-day_center.php

hivcenter@emoregon.org

Clothing, hygiene kits (such as shampoo, soap), and a laundry room for low-income people living with HIV/AIDS. There are no fees for any of the HIV Day Center services.

Impact NW
Dancing Tree Family Center

10055 E. Burnside St.
Portland, OR 97216
503-988-6020
www.impactnw.org

Rent, energy, and water bill assistance. Serves Southeast and Northeast Portland. Spanish- and Russian-speaking staff available. Formerly known as Portland Impact.

Metropolitan Community Church of the Gentle Shepherd
Martha's Pantry

2200 Broadway St.
Vancouver, WA 98660
360-695-1480
www.mccofthegentleshepherd.org

Clothing, hygiene items, cleaning supplies, and food pantry for low-income people with HIV/AIDS who live in Clark or Skamania counties. Requires a referral from a Clark County HIV case manager. Open Tuesday, 10am - 1pm, and Thursday, 4-7pm.

Our House of Portland
Tod's Corner

2727 SE Alder
Portland, OR 97214
503-234-0175
www.ourhouseofportland.org

503-236-7129 fax

LOCATION FOR THESE SERVICES: 3315 SE Harrison, Milwaukie, OR. Request for access MUST be submitted by an HIV case manager. Tod's Corner provides: Free clothing, household goods, cleaning supplies, and pet assistance.

Portland Adventist Community Services
Clothing and Household Items

11020 NE Halsey St.
Portland, OR 97220
503-252-8500
www.portlandacs.org

503-252-8701 fax

Limited clothing and household items for low-income people. Requires a case manager referral. Open Monday-Friday, 9am - Noon. Call for information.

Quest Center for Integrative Health
Women of Wisdom - Clothing Nights

2901 E Burnside St.
Portland, OR 97214
503-238-5203
www.quest-center.org

info@quest-center.org

Clothing nights take place twice a month for low-income women living with HIV/AIDS and their children. Serves participants of the WOW program. Call for more details.

Tod's Corner
Clothing & Household Goods

3315 SE Harrison St., Suite C
Milwaukie, OR 97222
503-349-4699
www.ourhouseofportland.org/programs/todscorner

503-652-4455 fax

Provides clothing, household goods, cleaning supplies, pet food, and much more to clients with HIV/AIDS. A referral from an HIV case manager is required. Operated by Our House of Portland.

DISABILITY RESOURCES

disAbility Resources of Southwest Washington
Services

2700 NE Anderson Rd., Suite D5
Vancouver, WA 98662
360-694-6790
www.darsw.com

360-882-1324 and TTY fax
866-200-5806 toll free

Promotes independent living for people with disabilities through skills building workshops and advocacy. Also provides information and referral, peer support and counseling, support groups, Americans with Disabilities Act program, recreation, and community presentations. ASL interpreter available.

Disability Rights Oregon
Legal Assistance

620 SW 5th Ave., 5th Floor
Portland, OR 97204
503-243-2081
www.disabilityrightsoregon.org

503-243-1738 fax
TTY: 503-323-9161

Lawyers and advocates help people with disabilities (including people living with HIV/AIDS) with legal problems that relate directly to their disability. Spanish-speaking staff available. Access to other foreign-language and ASL interpreters.

Toll Free Lines:
800-452-1694
800-556-5351 TTY

Fair Housing Council of Oregon
Legal Assistance

506 SW Sixth Avenue, Suite 1111
Portland, OR 97204
503-223-8197
www.fhco.org

503-223-3396 fax
800-424-3247

Investigates housing discrimination complaints. Call for information on housing discrimination issues. Spanish-speaking staff available. Access to AT&T language line. E-mail: information@fhco.org.

Healthcare for Workers with Disabilities (HWD)
Medicaid Assistance
877-980-9220 toll free
206-272-2169

Helps disabled Washington residents who are working full or part time to keep Medicaid. You don't have to be on SSI or SSDI. However, you must have a disability determination from Social Security. Participants pay a monthly premium based on their income sources.

Independent Living Resources
Independent Living

2410 SE 11th Avenue
Portland, OR 97214
503-232-7411
www.ilr.org

503-232-7480 fax

Works to make people with any disability more independent in the community. Information and referral, peer support and counseling, support groups, advocacy, skills training, can orientation for loss of sight, deaf and blind services, Americans with Disabilities Act program, and transcription services (translating print into Braille or audio tape).

Oregon Commission for the Blind
Services for the Blind

535 SE 12th
Portland, OR 97214
971-673-1588
www.cfb.state.or.us

971-673-1570 fax
888-202-5463 toll free

Provide services for adults including: mobility training, instruction with adaptive computer equipment, braille, living skills training and employment assistance. Staff fluent in ASL and Spanish. Access to other foreign language interpreters.

Oregon Department of Human Services
Employed Persons With Disabilities Program (EPD)
800 NE Oregon Street Suite 1105
Portland, OR 97232
www.oregon.gov/DHS

Helps disabled Oregon residents who are working full or part time obtain or keep Medicaid benefits. This is not a low-income program, and you don't have to be on SSI or SSDI. However, your condition must meet Social Security's definition of what it means to be disabled. Participants pay part of the coverage costs based on their income sources. An Employment Initiative case manager can help determine whether this program will work for you. Contact a Disability services office to apply.

Oregon Public Utility Commission (OPUC)
Telecommunications Devices Access Program (TDAP)

P.O. Box 2148
Salem, OR 97308
800-848-4442
www.rspf.org

503-378-6047 fax
800-648-3458 TTY

Loans telecommunications equipment to hearing-, speech-, vision-, or mobility-impaired individuals who are unable to use a standard phone. Access to Spanish-speaking staff, other foreign-language and ASL interpreters.

Outside In
SSI/SSDI Outreach, Access, and Recovery (SOAR)

1132 SW 13th Ave.
Portland, OR 97205
503-535-3890
www.outsidein.org

503-535-3868 fax
info@outsidein.org

Assisting people living with HIV in applying for SSI/SSDI in the Portland Metropolitan area including the counties of Multnomah, Columbia, Clark, Yamhill, Clackamas, Washington and Skamania. Offices at Outside In and at Cascade AIDS Project (208 SW 5th Ave, Suite 800).

Telecommunications Relay Service
Nationwide Service
dial 711
www.fcc.gov/cgb/consumerfacts/711.html

Nationwide relay line provides communications assistance for the hearing impaired and people with speech disabilities. Dial to have an operator as as a voice/TTY translator when you call a line that is text-only, or to have an operator restate the speech of someone who is hard to understand (speech-to-speech relay). Voice and hearing carryover can also be arranged.

DROP-IN CENTERS

HIV Day Center
Daily Living

2941 NE Ainsworth
Portland, OR 97211
503-460-3822
www.emoregon.org/HIV-day_center.php

hivcenter@emoregon.org

Drop-in center for low-income people with HIV/AIDS. Meals, clothing, showers, laundry, hygiene supplies (razors, soap, etc.), haircuts, and massage are available on site. Computers, telephones, and mail drop available for client use at no cost.

Share House
Daily Living

1115 W 13th St
Vancouver, WA 98660
360-695-7658
www.sharevancouver.org

Meals, clothing, showers, laundry, hygiene supplies, mail drop, and other services for homeless adults and children.

Transition Projects, Inc.
Community Service Center

475 NW Glisan
Portland, OR 97209
503-823-4930
www.tprojects.org

503-823-4940 fax

Showers, bus tickets, food boxes, rental assistance, and other services for homeless adults. Spanish-speaking staff available.

EMPLOYMENT

Central City Concern
Workforce Program

232 NW 6th Avenue
Portland, OR 97209
503-294-1681
www.centralcityconcern.org

Job-search training, counseling, and resources. Offers skills assessments, access to computer

resources and the Internet, job leads, and voice mail. Low-income individuals may be eligible for free or low-cost training programs and transportation to interviews. The Shoreline program provides long-term, temporary alcohol and drug-free housing in conjunction with helping unemployed people find and maintain full-time employment. Bilingual Spanish-speaking staff available.

CNRG Portland
Employment & Volunteering
www.cnrg-portland.org

Trainings, volunteer and employment opportunities, and general information about non-profit agencies in the Portland metro area. Visit the website and click the Opportunity Center link for more information.

Disability Rights Oregon
Planning for Work

620 SW 5th Ave., 5th Floor
Portland, OR 97204
503-243-2081
www.disabilityrightsoregon.org

503-243-1738 fax
TTY: 503-323-9161

Planning for Work helps people with disabilities who receive SSI and/or SSDI who want to find out how working impacts benefits and health insurance. Information about: Social Security work rules, work incentives, income reporting and over-payments. Call for an appointment. Access to foreign-language and ASL interpreters.

Goodwill Industries
Job Connection

www.meetgoodwill.org

Free 30-day job search assistance for people who are disabled or disadvantaged, including due to HIV/AIDS. Provides referrals to employers based on existing job skills and vocational needs. You must be actively seeking work. Call for an appointment. Spanish-speaking staff available at Vancouver location. Can arrange ASL interpreters.

Portland
1943 SE 6th Ave. 503-239-1734
Portland, OR 97214 888-443-9455 ext 706

Aloha
775 SW 185th Ave.
Aloha, OR 97006 503-239-1712

McMinnville

1271 N Hwy 99W
McMinnville, OR 97128 503-474-3813

Vancouver
6425 NE Fourth Plain Blvd.
Vancouver, WA 98661 360-695-1923

Hands On Portland
Volunteering

1621 NW 21st Ave
Portland, OR 97209
503-200-3355
www.handsonportland.org

503-200-3356 fax
info@handsonportland.org

Volunteering can help you learn new skills and gain confidence. Searchable online database offers a wide range of volunteer opportunities at organizations throughout the Portland metropolitan area. Free placement.

Independent Living Resources
Independent Living

2410 SE 11th Avenue
Portland, OR 97214
503-232-7411
www.ilr.org

503-232-7480 fax

Works to make people with any disability more independent in the community. Information and referral, peer support and counseling, support groups, advocacy, skills training, can orientation for loss of sight, deaf and blind services, Americans with Disabilities Act program, and transcription services (translating print into Braille or audio tape).

POZ Magazine
Employment

349 West 12th St.
New York, NY 10014
800-973-2376
www.poz.com

Search online for jobs in the HIV/AIDS field. Nationwide listings.

Ticket to Work
Employment Assistance
866-933-2967 TDD
866-968-7842 toll free
www.yourtickettowork.com

Helps people on SSI or SSDI return to work or earn more money. If you are eligible, Social Security will send you a ticket which you can use to get free employment and vocational assistance. You don't have to use your ticket right away; you can save it for when you're ready. You may eventually lose your disability benefits once your earnings increase.

Volunteer Match
Volunteering
www.volunteermatch.org

Volunteering can help you learn new skills and gain confidence. Searchable online database offers a wide range of volunteer opportunities at organizations in the Portland-Vancouver area. Free placement.

WorkSource Oregon
Online Assistance
www.worksourceportlandmetro.org

Search online for job listings and market information. WorkSource centers offer free job search support, including skills assessments, coaching, workshops, and access to telephones, and fax and copy machines. Check the web site for locations.

WorkSource Washington
Employment Assistance
877-872-5627 toll free
www.go2worksource.com

Search online for job listings and market information. WorkSource centers offer free job search support, including skills assessments, coaching, workshops, and access to telephones, and fax and copy machines. Call or check the web site for locations.

FINANCIAL ASSISTANCE

211 Info
Referral Service
621 SW Alder St, Suite 810
Portland, OR 97205
dial 211
www.211info.org
contact@211info.org

Information & referral for non-emergency services for Multnomah, Clackamas, Washington and Clark counties. Referrals for food, shelter, employment, health care, child care and host of various social services. A private, non-profit organization.

If the new 211 number does not work from your calling area there are conventional numbers to reach the service:
Multnomah and Washington County 503-222-5555
Clackamas County 503-655-8861
Clark County 360-694-8899
Cowlitz, Skamania and Wahkiakum Counties 877-501-0252

Cascade AIDS Project
Housing Programs

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

Housing assistance for low-income people living with or affected by HIV/AIDS. Includes information and referral, transitional housing, and permanent affordable housing programs. Housing workshops such as Rent Well (formerly Ready-to-Rent). Rental assistance which includes rent relief, deposit assistance, and moving assistance. Spanish-speaking staff and resources available.

Clackamas County Social Services
Financial Assistance

2051 Kaen Road
Oregon City, OR 97045
503-650-8640
www.co.clackamas.or.us/socialservices/

503-650-5722 fax
503-650-5637 TDD

Assistance with winter heating bills. Serves Clackamas County residents. Spanish-speaking staff available.

Clark County Public Utilities
Payment Assistance Programs

360-992-3000
www.clarkpublicutilities.com

Assistance with winter heating bills for low-income Clark County residents. Also take applications for Operation Warm Heart, which provides assistance for electricity customers who have received a final shut-off notice and have been disconnected, and who are not already receiving public assistance.

Community Action
Energy Assistance

1001 SW Baseline St.
Hillsboro, OR 97123
503-648-6646
www.communityaction4u.org

Community Action assists low-income households with their heating and electricity costs. The program operates year-round using federal, state, and private funding. Assistance availability depends on funding cycles, donations received, and type of requests. Funds are limited, so there may be times when immediate assistance is not available.

Community Action Team
Information

125 N. 17th Street
St. Helens, OR 97051
503-397-3511
www.cat-team.org

503-397-3290 fax
800-404-3511

Information and referral services; energy assistance for Columbia County residents. Access to Spanish-speaking staff.

Human Solutions
Financial Assistance

12350 SE Powell Blvd.
Portland, OR 97236
503-548-0200
www.humansolutions.org

Rent and energy assistance. Serves outer East Portland. Spanish- and Russian-speaking staff available.

Impact NW
Dancing Tree Family Center

10055 E. Burnside St.
Portland, OR 97216
503-988-6020
www.impactnw.org

Rent, energy, and water bill assistance. Serves Southeast and Northeast Portland. Spanish- and Russian-speaking staff available. Formerly known as Portland Impact.

Northwest Pilot Project
Housing Assistance

1430 SW Broadway, Suite 200
Portland, OR 97201
503-227-5605
www.nwpilotproject.org

503-274-8559 fax

Housing assistance for Multnomah County residents age 55 and older. Includes emergency, transitional and long-term housing, moving and relocation assistance, and eviction prevention. Access to foreign language and ASL interpreters.

Salvation Army
Rent Assistance

1500 NE 112 Ave.
Vancouver, WA 98684
360-892-9050
www.salvationarmyvancouver.org/

Emergency rent assistance for Clark County residents.

Salvation Army Family Services
Energy Assistance

1712 NE Sandy Blvd
Portland, OR 503-239-1264
503-239-1264

Energy assistance for Multnomah County residents. Water bill assistance for Portland residents.

Self Enhancement Inc. (SEI)
SEI Community & Family Programs

3920 North Kerby Ave
Portland, OR 97227
503-249-1721
www.selfenhancement.org

Rent and energy assistance. Serves Northeast Portland. Call for eligibility.

St. Vincent de Paul
Financial Assistance

5120 SE Milwaukie Ave.
Portland, OR 97202
503-235-8431
www.svdppdx.org

Rent, energy, and water bill assistance. Serves Downtown and Southeast Portland, Milwaukie, Gresham, and Troutdale. Part-time Spanish-speaking staff available.

Transition Projects, Inc.
Rental Assistance

475 NW Glisan
Portland, OR 97209
503-823-4930
www.tprojects.org

503-823-4940 fax

Limited move-in and eviction prevention assistance available. Call 503-823-4930 ext. 396 for details.

Yamhill Community Action Partnership (YCAP)
Financial Assistance

800 E 2nd Street
McMinnville, OR 97128
503-472-0457
yamhillcap.org

503-472-5555 fax
800-945-9992

Energy, rent, and water assistance for Yamhill County residents. Spanish-speaking staff available.

YWCA Energy Assistance Office
Utility Assistance

4620 N Maryland Ave.
Portland, OR 97123
503-721-6760
www.ywca-pdx.org

503-721-6750 fax

Energy assistance for Multnomah County residents. Water bill assistance for Portland residents. Spanish speaking staff available. Spanish-speaking staff available.

Esther's Pantry
Food Bank

3315 SE Harrison Street, Suite A
Milwaukie, OR 97222
503-349-4699
www.ourhouseofportland.org/programs/estherspantry

503-652-4455 fax

Food bank for low-income people with HIV/AIDS. Personal care items also. Available once a month. Open Tuesday and Thursday from 2:30-6:30 pm. Access to Spanish-speaking volunteers. Operated by Our House of Portland.

HIV Day Center
On-Site Meals

2941 NE Ainsworth
Portland, OR 97211
503-460-3822
www.emoregon.org/HIV-day_center.php

hivcenter@emoregon.org

Hot breakfast and lunch for low-income people living with HIV/AIDS. Services are free but donations are accepted. Hours are 9:00 until 3:00 Mon, Tues, Thurs, Fri.. Closed Wednesday, Saturdays & Sundays.

Loaves and Fishes - Meals On Wheels
Home delivered meals
7710 SW 31st Ave
Portland, OR 97219
503-736-6325
www.loavesandfishesonline.org

Home-delivered meals and hot lunches for Multnomah, Washington, and Clark County residents who are at least 60 years old, or disabled and receiving Medicaid. If you are under 60, you must be referred by a disability case worker. Suggested donation is $2.75 per meal. Call for more information.

Metropolitan Community Church of the Gentle Shepherd
Martha's Pantry
2200 Broadway St.
Vancouver, WA 98660
360-695-1480
www.mccofthegentleshepherd.org

Clothing, hygiene items, cleaning supplies, and food pantry for low-income people with

HIV/AIDS who live in Clark or Skamania counties. Requires a referral from a Clark County HIV case manager. Open Tuesday, 10am - 1pm, and Thursday, 4-7pm.

Neighborhood House
Food Boxes

7780 SW Capitol Hwy
Portland, OR 97219
503-246-1663
www.nhweb.org

503-245-2819 fax

Emergency food boxes available every 30 days to income-eligible residents of Multnomah County. Some hygiene items available. Proof of address required. Call for hours. Spanish -speaking staff available.

Newberg Fish Emergency Services
Food Boxes

125 S. Elliot St.
Newberg, OR 97132
503-538-4444

Food boxes provided to eligible clients of Newberg and Dundee. Open Monday, Tuesday, and Thursday, 11am-1:30pm. Must demonstrate: Newburg residency, proof of address, income and number of people in family.

Northeast Emergency Food Program
Food Bank

4800 NE 72nd Ave.
Portland, OR 97217
503-284-5470

Food bank for low-income residents of North or Northeast Portland. A three- to five-day supply of food for each family member is available up to 3 times in a six-month period. Open Monday, Tuesday, Thursday, and Saturday from 1-4pm.

Oregon Food Bank
Access to Food & Nutrition
800-777-7427
www.oregonfoodbank.org

503-282-0555 Multnomah, Clackamas & Clark Counties
503-439-6510 Washington County

Call or visit the web site to locate a food bank or meal site in your area. The Community Basket program provides groceries once a month through agencies in the Portland area.

Portland Adventist Community Services
Food Bank

11020 NE Halsey St.
Portland, OR 97220
503-252-8500
www.portlandacs.org

503-252-8701 fax

Emergency food distribution for low-income people. A three-day supply of food is available every 30 days. Open Monday-Friday, 9am-Noon.

Quest Center for Integrative Health
Nutrition Night

2901 E Burnside St.
Portland, OR 97214
503-238-5203
www.quest-center.org

info@quest-center.org

Weekly community nutrition nights designed for learning about healthy cooking and eating, and to support oneself in a healthy lifestyle. Call for schedule and details. Spanish-speaking staff available. Access to other foreign-language interpreters.

Salvation Army
Emergency Food Boxes

1500 NE 112 Ave.
Vancouver, WA 98684
360-892-9050
www.salvationarmyvancouver.org/

Emergency food boxes available every 60 days. USDA commodities available monthly to eligible clients. Open Monday-Friday, 9am-Noon and 1-4:30pm.

St. Barnabas Soup Kitchen
Hot Meals
822 SW 2nd St.
McMinnville, OR 97128
503-472-3711
http://www.stbarnabasmcminnville.com/soup.htm

Hot meals served Monday, Wednesday, and Friday, 4-6pm at St. Barnabas Episcopal Church. Free and available to everyone.

St. Vincent de Paul
Food Boxes and Hot Meals

5120 SE Milwaukie Ave.
Portland, OR 97202
503-235-8431
www.svdppdx.org

Emergency food boxes available every 30 days for income-eligible residents of Downtown and Southeast Portland, Milwaukie, Gresham, and Troutdale. Open Monday-Friday, 10am-Noon and 1-4pm. Free hot meals served on weekdays. Part-time Spanish-speaking staff available.

Yamhill Community Action Partnership (YCAP)
Food Bank

800 E 2nd Street
McMinnville, OR 97128
503-472-0457
yamhillcap.org

503-472-5555 fax
800-945-9992

Food bank for low-income residents of Yamhill County. Open Monday-Friday, 8am-5pm. Spanish-speaking staff available.

FUNERAL & CREMATION

Our House of Portland
Tod's Corner

2727 SE Alder
Portland, OR 97214
503-234-0175
www.ourhouseofportland.org

503-236-7129 fax

LOCATION FOR THESE SERVICES: 3315 SE Harrison, Milwaukie, OR. Request for access MUST be submitted by an HIV case manager. Tod's Corner provides: Free clothing, household goods, cleaning supplies, and pet assistance.

HOUSING

DOMESTIC VIOLENCE SHELTER

Bradley-Angle House
Domestic Violence Shelter
PO Box 14694
Portland, OR 97214
503-281-3540
www.bradleyangle.org

503-281-2442 crisis line

Confidential domestic violence shelter for women with or without children. Accepts collect calls. Provides community support groups, including a group for Latina women, transitional housing and case management. Spanish-speaking staff available. Access to other foreign-language interpreters.

Raphael House
Domestic Violence Shelter
Confidential Address
Portland, OR
503-222-6507
www.raphaelhouse.com

503-222-6222 crisis line

Provides emergency and transitional housing for women and children. Length of stay in shelter is 3-4 weeks. Accepts collect calls. Support groups and case management provided for women and children in the shelter and transitional housing programs. Some bilingual Spanish/English volunteers available.

HOMELESS SHELTERS

City Team
Emergency Shelter
526 SE Grand Ave.
Portland, OR 97214
503-231-9334
www.cityteam.org/portland

503-231-9334 fax
portland@cityteam.org

Beds for 55 men. Need TB card, no referral needed. Doors open at 6:30 PM. Dinner served. Must attend evening service. Small fee required. Also functions as a drop in center. Call for current schedule.

Clackamas County Social Services
Housing Rights and Resources
2051 Kaen Road
Oregon City, OR 97045
503-650-8640
www.co.clackamas.or.us/socialservices/

503-650-5722 fax
503-650-5637 TDD

Information and referral to low-cost housing for low-income residents. Call weekdays to access homeless shelters in Clackamas County. There may be a waiting list. Access to Spanish-speaking staff.

Clark County Emergency Shelther Clearinghouse
Shelter Information
360-695-9677

Call to access shelters in the Vancouver area, 9am-8pm daily.

Harbor Light Shelter
Emergency Shelter
30 SW 2nd Ave.
Portland, OR 97203
503-239-1259

Harbor Light provides emergency shelter for homeless men November 1st through April 30th. They also provide short-term transitional housing for veterans (men, women and families) through the VETS program. Between November 1st and April 30th, homeless men seeking beds should go to Harbor Light at corner of SW 2nd and SW Ankeny by 8pm. They need to have a TB card.

Portland Rescue Mission
Emergency Shelter
111 West Burnside St.
Portland, OR 97209
503-906-7690
www.pdxmission.org

Intake for shelter is at 6pm each evening. Stays limited to 7 nights every 30 days. TB card required.

Salvation Army Female Emergency Shelter
Emergency Shelter
11 NW 5th Ave
Portland, OR 97209
503-227-8681

Emergency shelter for women. No men or children allowed on site. 30-90 day program, but extensions available if you have an active housing plan. Low barrier shelter. 50 beds. Showers, laundry, lockers, case management, and housing assistance are available. Must get on bed wait list to receive a room in the dormitory.

Share House
Shelter Information
1115 W 13th St
Vancouver, WA 98660
360-695-7658
www.sharevancouver.org

Homeless shelter for Men. Call the Clark County Emergency Shelter Clearinghouse to access shelters for women and families. Meals, clothing, showers, laundry, hygiene supplies, mail

drop, and other services for homeless adults and children available on site. Call for hours. 30 day maximum stay.

Transition Projects, Inc.
Homeless Shelters
475 NW Glisan
Portland, OR 97209
503-823-4930
www.tprojects.org
503-823-4940 fax

Homeless shelters for men and women. Contact to be put on the waiting list, Monday-Friday, 8am-4pm. Showers, bus tickets, food boxes, rental assistance, and other services available on site at the Community Services Center. Spanish-speaking staff available.

HOMELESS YOUTH

Boys and Girls Aid Society
STEP Program
018 SW Boundary Ct.
Portland, OR 97239
503-222-9661
www.boysandgirlsaid.org
503-224-5960 fax

Transitional housing, case management, behavioral rehabilitation, and counseling for Washington County youth aged 10 to 18.

Harry's Mother Crisis Line
Youth / Family Counseling and Support
738 NE Davis St
Portland, OR 97232
503-233-8111
www.harrysmother.com

24-hour crisis intervention, information, and referral for runaway and at-risk youth aged 9 to 17. Emergency shelter, case management, and family counseling. Spanish-speaking staff available. Access to ASL and foreign-language interpreters. A Janus Youth Program.

Janus Youth Programs - Bridge House
Transitional Housing
503-234-5561 fax
503-238-1702
www.janusyouth.org

Transitional housing program for previously homeless, pregnant or parenting youth ages 16 to 20 in a community living setting. The Changes program provides follow-up financial and case management support to residents transitioning to independent living. Spanish-speaking staff available.

Janus Youth Programs - Street Light Shelter
Emergency Shelter
503-224-5988
www.janusyouth.org

Short-term housing for 30 homeless youth, ages 13 to 20, who are attempting to make changes in their lives. Working with a service coordinator/case manager, youth are guided through the process of exiting street life. Part-time Spanish-speaking staff available.

Janus Youth Programs - Youth Reception Center
Prevention Program
738 NE Davis St.
Portland, OR 97232
503-542-4640
www.janusyouth.org

Homelessness prevention program provides 24-hour crisis intervention for runaway and at-risk youth who have come in contact with the police.

Oak Bridge Youth Shelter
Homeless Youth Program
360-891-2634 crisis line
www.janusyouth.org

Emergency shelter serves homeless youth ages 9 to 17 and their families in Vancouver. Offers food, case management, medical attention and emergency housing. Access to Spanish-speaking staff. A Janus Youth Program.

Outside In
Homeless Youth Services
1132 SW 13th Ave.
Portland, OR 97205
503-535-3890
www.outsidein.org
503-535-3868 fax
info@outsidein.org

Drop-in center and transitional housing programs for homeless youth under age 21. Includes housing for youth living with HIV/AIDS. Information, support, showers, meals, medical services, crisis counseling, case management, and employment resources. Referral to other services. Call for current hours. Access to Spanish-speaking interpreters.

P:ear
Homeless Youth Support
338 NW 6th Ave.
Portland, OR 97209
503-228-6677
www.pearmentor.org
503-232-0891 fax
info@pearmentor.org

Programs for homeless and transitional youth aged 15 to 24. Includes art and music, outdoor

activities, school support, breakfast, and lunch. Referral to other services. Call for current hours.

LONG TERM

Central City Concern
Housing Program
232 NW 6th Avenue
Portland, OR 97209
503-294-1681
www.centralcityconcern.org

Permanent subsidized and non-subsidized low income housing. Housing for women in recovery with or without children. Includes Section 8, Single Room Occupancy units, alcohol- and drug-free housing, housing for people with HIV/AIDS, and for people with mental health issues. Spanish speaking staff available.
Housing phone number: (503)-545-8483.

Clackamas County Social Services
Housing Rights and Resources
2051 Kaen Road
Oregon City, OR 97045
503-650-8640
www.co.clackamas.or.us/socialservices/

503-650-5722 fax
503-650-5637 TDD

Information and referral to low-cost housing for low-income residents. Call weekdays to access homeless shelters in Clackamas County. There may be a waiting list. Access to Spanish-speaking staff.

Ecumenical Ministries of Oregon - Housing
Shared Housing Referral & Matching Service
909 SW 11th Ave.
Portland, OR 97205
503-225-9924
www.emoregon.org/shared_housing.php

503-226-2569 fax
housing@emoregon.org

Matches homeowners and individuals in need of housing in Multnomah, Washington, Clackamas, and Clark counties. Some of the homeowners are seeking to exchange help with household chores or caregiving for rent. A stipend may be offered in some situations. Low application and placement fees. A criminal background check is required for both the homeowner and home-seeker.

Hacienda Community Development
Housing Program
5136 NE 42nd Ave.
Portland, OR 97218
503-595-5211
www.haciendacdc.org
503-595-2116 fax

Low cost apartments in Northeast Portland for applicants who are eligible for HAP section 8 certificates. On-site managers are bilingual in Spanish and English.

Housing Authority of Portland
Low-cost Housing
135 SW Ash
Portland, OR 97204
503-802-8300
www.hapdx.org
503-802-8554 TTY

Federally funded, low-income housing options include "Section Eight" (Single Room Occupancy) housing and Low Rent Public Housing (LRPH). Disability may qualify you for a priority listing. Affordable private market housing available for low to moderate incomes. Access to ASL and foreign-language translators.

Housing Authority of Yamhill County
Low-cost Housing
135 NE Dunn Place
McMinnville, OR 97128
503-883-4300
www.hayc.org
888-434-6571 toll free

Federally funded low-income housing and rent assistance.

Portland Community Reinvestment Initiatives, Inc. (PCRI)
Low-cost Housing
6329 NE Martin Luther King Jr. Blvd.
Portland, OR 97211
503-288-2923
www.pcrihome.org
503-288-2891 fax

Program for low- to moderate-income people to rent single-family homes and apartments. $35 application fee. Accepts Section 8. Works with Cascade AIDS Project to provide housing for people living with HIV/AIDS. Serves North and Northeast Portland. Spanish- and other foreign-language speakers available.

Portland Housing Center
Housing Assistance
3233 NE Sandy Blvd
Portland, OR 97232
503-282-7744
www.portlandhousingcenter.org
503-736-0101 fax

Classes, counseling, and financial assistance for first-time home buyers. $65 fee. Serves low to moderate incomes. Spanish-speaking staff and classes available.

Reach Community Development
Housing
1135 SE Salmon
Portland, OR 97214
503-231-0682
www.reachcdc.org/
503-236-3429 fax

Rents houses, studios, and apartments in inner Southeast Portland to low-income people. Accepts Section 8. Home-repair assistance for senior or disabled homeowners. Call to get on the waiting list. Spanish-speaking staff available.

Rose Community Development
Low-cost Housing
5215 SE Duke St.
Portland, OR 97206
503-788-8052
www.rosecdc.org
503-788-8052 fax

Low-cost rentals in outer Southeast Portland for people with low- to moderate-incomes. Information and assistance for first-time home buyers. Access to foreign language interpreters.

SHORT TERM

Friendly House
Housing Program
1737 NW 26th Avenue
Portland, OR 97210
503-228-4391
www.friendlyhouseinc.org

Transitional housing program for homeless families. Information and referral to low-cost, long-term housing. Spanish-speaking staff available.

Human Solutions
Transitional Housing
12350 SE Powell Blvd.
Portland, OR 97236
503-548-0200
www.humansolutions.org

Transitional housing program for low-income families and single parents. Provides permanent, low-income housing for qualifying Multnomah County residents. Housing referral specialists have information on other low-cost housing sources. Staff speaking many languages including Spanish, Romanian, and Russian.

Impact NW
Transitional Housing
10055 E. Burnside St.
Portland, OR 97216
503-988-6020
www.impactnw.org

Emergency and transitional housing and case management for low-income residents of Southeast (and part of Northeast) Portland. Spanish-, Russian-, and Slovak-speaking staff available. Access to other languages. Formerly Portland Impact.

Neighborhood House - Turning Point
Housing Program
6552 SW 19th Ave
Portland, OR 97201
503-452-2944
www.nhweb.org
503-452-2961 fax

Transitional housing program for low-income families. Requires a written referral from a social services agency.

Yamhill Community Action Partnership (YCAP)
Transitional Housing
800 E 2nd Street
McMinnville, OR 97128
503-472-0457
yamhillcap.org
503-472-5555 fax
800-945-9992

Transitional housing program for families that are homeless or at risk of homelessness. Serves low-income Yamhill County residents. Access to Spanish-speaking staff.

Blanchet Farm
Housing Program
11750 NE Finn Hill Loop
Carlton, OR 97111
503-852-6626
www.blanchethouse.org

503-852-4416 fax

Alcohol and drug-free transitional housing for single men who are actively looking for work. Stays range from 3 to 6 months. This program is unable to accomodate people with severe mental or physical disabilities. Call for a screening.

Fair Housing Council of Oregon
Legal Assistance

506 SW Sixth Avenue, Suite 1111
Portland, OR 97204
503-223-8197
www.fhco.org

503-223-3396 fax
800-424-3247

Investigates housing discrimination complaints. Call for information on housing discrimination issues. Spanish-speaking staff available. Access to AT&T language line. E-mail: information@fhco.org.

Housing Connections
Online Assistance
www.housingconnections.org

Search affordable housing rentals online. Includes listing for Section 8, Rent Well, Fresh Start, and special needs housing programs. Information about other housing resources such as homeless shelters, Rent Well classes, and home ownership programs. Serves Multnomah, Washington, Clackamas, Yamhill, and Clark counties.

Northwest Pilot Project
Housing Assistance

1430 SW Broadway, Suite 200
Portland, OR 97201
503-227-5605
www.nwpilotproject.org

503-274-8559 fax

Housing assistance for Multnomah County residents age 55 and older. Includes emergency, transitional and long-term housing, moving and relocation assistance, and eviction prevention. Access to foreign language and ASL interpreters.

211 Info
Referral Service
621 SW Alder St, Suite 810
Portland, OR 97205
dial 211
www.211info.org
contact@211info.org

Information & referral for non-emergency services for Multnomah, Clackamas, Washington and Clark counties. Referrals for food, shelter, employment, health care, child care and host of various social services. A private, non-profit organization.

If the new 211 number does not work from your calling area there are conventional numbers to reach the service:
Multnomah and Washington County 503-222-5555
Clackamas County 503-655-8861
Clark County 360-694-8899
Cowlitz, Skamania and Wahkiakum Counties 877-501-0252

Community Action Team
Information

125 N. 17th Street
St. Helens, OR 97051
503-397-3511
www.cat-team.org
503-397-3290 fax
800-404-3511

Information and referral services; energy assistance for Columbia County residents. Access to Spanish-speaking staff.

Yamhill Community Action Partnership (YCAP)
Information & Referral
800 E 2nd Street
McMinnville, OR 97128
503-472-0457
yamhillcap.org
503-472-5555 fax
800-945-9992

Yamhill County information & referral. Provides emergency services, an Anti-Poverty Program and Latino Programs.

CAREAssist
Prescription Assistance

800 NE Oregon St., Suite 1105
Portland, OR 97232
971-673-0144
www.healthoregon.org/careassist

971-673-0177 fax
800-805-2313 toll free

Helps low-income Oregonians living with HIV/AIDS pay for HIV medications, including co-pays and deductibles. If at least half of your prescription costs are covered by insurance, this program can also help pay for premiums and deductibles. Examples include the Oregon Health Plan, OMIP, COBRA, Medicare Part D, and private insurance. Participants pay some costs based on income.

Eligibility varies. Typically, your gross income cannot be more than 200% of the federal poverty level. There is also an asset limit. Call for information, or check eligibility and download an application online. Staff can also provide information on how to get health insurance if you are uninsured. Access to foreign-language interpreters.

Oregon Department of Human Services
CAREAssist

800 NE Oregon Street Suite 1105
Portland, OR 97232
www.oregon.gov/DHS

CAREAssist
Phone: 971-673-0144
Phone (Toll-Free): 800-805-2313
Fax: 971-673-0142
Address: 800 NE Oregon Street Suite 1105.

Helps low-income Oregonians living with HIV/AIDS pay for HIV medications, including co-pays and deductibles. If at least 50% of your prescription costs are covered by your medical insurance, this program can also help pay for insurance premiums and deductibles. Examples include Oregon Health Plan, OMIP, COBRA, some private insurance, and Medicare Part D drug plans. Participants pay part of the coverage costs based on their income.

Eligibility varies. Typically, your gross income cannot be more than 200% of the federal poverty level. There is also an asset limit. Call for more information on how to get health insurance if you are uninsured. Access to foreign-language interpreters.

Oregon Health Plan

Health Insurance Benefits
800-359-9517
www.oregon.gov/DHS/healthplan/index.shtml

This federal- and state-funded program provides health insurance for low-income Oregon residents who are uninsured. There are two plans:
OHP Plus is comprehensive medical care for pregnant women, children under age 19, and people who are disabled and receiving SSI or General Assistance.

OHP Standard (closed to new applicants) is basic medical coverage for other low-income people. It does not cover routine dental or vision check-ups, or transportation. To be eligible you must:

- have an income below the federal poverty level when averaged over the past 3 months
- have liquid assets less than the OHP limit (includes things like stocks and bonds but not your house or car)
- have been without insurance for the past 6 months (excludes FHIAP)

OHP Standard has premiums and co-pays. However, if you have HIV or AIDS, you may qualify to have your premiums paid for through CareAssist. If you do not pay your premiums, you may lose your benefits and will not be allowed to reapply. If payments were missed due to a mental health condition, you may be able to have your benefits reinstated. Contact a case worker for help.

Emergency Health Card
If you are applying for OHP Plus and need immediate care, you may be able to get an emergency health card. Self-Sufficiency and Disability Services office caseworkers issue these. See pages 19–20 for the office nearest you.

Questions About Your Coverage?
If you are already covered and have questions, call your health plan. If you still need help, call the client assistance department at 800-273-0557.

Outside In

SSI/SSDI Outreach, Access, and Recovery (SOAR)

1132 SW 13th Ave.
Portland, OR 97205
503-535-3890
www.outsidein.org

503-535-3868 fax
info@outsidein.org

Assisting people living with HIV in applying for SSI/SSDI in the Portland Metropolitan area including the counties of Multnomah, Columbia, Clark, Yamhill, Clackamas, Washington and Skamania. Offices at Outside In and at Cascade AIDS Project (208 SW 5th Ave, Suite 800).

PETS

Our House of Portland
Tod's Corner

2727 SE Alder
Portland, OR 97214
503-234-0175
www.ourhouseofportland.org

503-236-7129 fax

LOCATION FOR THESE SERVICES: 3315 SE Harrison, Milwaukie, OR. Request for access MUST be submitted by an HIV case manager. Tod's Corner provides: Free clothing, household goods, cleaning supplies, and pet assistance.

TELEPHONE

Community Voice Mail
Free Voice Mail
www.cvm.org

Free, temporary voice mail for low-income people who don't have a phone. Call to find a participating agency in your area. System bilingual in Spanish.

Portland
Transition Projects Inc. (TPI)
503-823-4930

Vancouver
Council for the Homeless
360-903-0239

Oregon Public Utility Commission (OPUC)
Oregon Telephone Assistance Program (OTAP)

P.O. Box 2148
Salem, OR 97308
800-848-4442
www.rspf.org

503-378-6047 fax
800-648-3458 TTY

Up to $13.50 off monthly telephone bills for people on the Oregon Health Plan, Food Stamps, Welfare, Medicaid, or Supplemental Security Income (SSI). Half off the line fee (up to $15) to hook up a new phone. Call to apply. You can also apply online in English or Spanish. Access to foreign-language and ASL interpreters.

Washington Telephone Assistance Program (WTAP)
Discount

P.O. Box 47250
Olympia, WA 98504
800-562-6150
www.wutc.wa.gov/consumer

Telephone bill discount for people who get assistance from the Department of Social and Health Services (DSHS), including Food Stamps, Medicaid, Welfare, and Social Security Income (SSI). Call your telephone company to sign up. If you encounter problems and need assistance, you can call WTAP directly.

TRANSPORTATION

C-TRAN
Bus Service

2425 NE 65th Ave
Vancouver, WA 98661
360-695-0123
www.c-tran.com

503-283-8054 Portland

Public mass transit for Clark County. Senior and disabled discount. Trip planning. Pass-By-Mail. C-Van provides para-transit service for Clark county residents whose disabilities prevent them from using regular C-TRAN service. Call for eligibility requirements and an application; a doctor's approval is required.

Columbia County Rider
Bus Service

503-366-0159

Scheduled bus service between St. Helens and Portland. $4 each way.

HIV Day Center
Bus Passes

2941 NE Ainsworth
Portland, OR 97211
503-460-3822
www.emoregon.org/HIV-day_center.php

hivcenter@emoregon.org

Monthly bus passes for low-income people with HIV/AIDS. Limited supply. For HIV Day Center clients only.

Human Services Council
Transportation Assistance

201 NE 73rd St. Suite 101
Vancouver, WA 98665
360-694-9991 medical
www.hsc-wa.org

360-694-1446 fax
360-258-2103 employment

Transportation assistance for low-income Clark County residents. The Medical Transportation Brokerage serves Medicaid clients who are going to a medical appointment. The Employment Transportation Brokerage provides help getting to work, job interviews, job training sites, and other work-related activities.

Northwest Ride Center
Transportation Assistance

900 Marine Drive
Astoria, OR 97103
503-861-0657

866-811-1001 toll free

Transportation assistance for eligible Oregon Health Plan Plus and Medicaid clients in Columbia County who are going to a medical appointment. Includes rides to Portland, Vancouver, and Longview. Access to part-time Spanish-speaking staff.

OHSU Partnership Project
Transportation Assistance

5525 SE Milwaukie Ave.
Portland, OR 97202
503-230-1202
www.ohsu.edu/partnership

503-230-1213 fax
503-517-3590 intake

Transportation assistance for low-income people with HIV/AIDS who need help getting to a health appointment. Spanish-speaking staff available. Call for more information.

Sandy Area Metro (SAM)
Transportation Assistance

38348 Pioneer Blvd.
Sandy, OR 97055
503-668-3466
www.cityofsandy.com

Scheduled bus service around Sandy, and to Estacada, Gresham, and Rhododendron. Wheelchair van rides to medical service for seniors and people with disabilities. Dial-A-Ride service available to anyone. Requires at least 24 hours advance notice. Schedules available in Spanish.

South Metro Area Regional Transit (SMART)
Transportation Assistance

29799 SW Town Center Loop E
Wilsonville, OR 97070
503-682-7790
www.ridesmart.com

Scheduled bus service around Wilsonville and to Portland, Canby, and Salem. Other transportation needs provided by Dial-A-Ride, with priority given to seniors and people with disabilities. Requires 24 hours notice.

Transportation Reaching People (TRP)
Transportation Assistance

503-655-8208
www.clackamas.us

Volunteer transportation, including wheelchair vans, for seniors and people with disabilities living in Clackamas County. Donations accepted. Requires 1 day advanced notice.

Tri-Met
Honored Citizen Program

503-962-2370 fax
503-802-8200 LIFT
503-962-2455
www.trimet.org

Discounted fares and bus passes available for people with HIV/AIDS through the Honored Citizen program. Requires a doctor's approval. The LIFT program provides wheelchair van service for people whose disabilities prevent them from using regular TriMet service. Call for an application. Access to foreign-language interpreters.

TripLink
Transportation Assistance

888-315-5544 toll free
503-315-5544

Transportation assistance for eligible Oregon Health Plan Plus clients in Marion, Polk, and Yamhill counties who are going to a medical appointment. Includes rides to Portland. Requires 48 hours advance notice. Spanish-speaking staff available.

Yamhill Community Action Partnership (YCAP)
Yamco Transit

800 E 2nd Street
McMinnville, OR 97128
503-472-0457
yamhillcap.org

503-472-5555 fax
800-945-9992

Scheduled bus service around McMinnville, Newberg, Sheridan, and Willamina. Additional routes link to McMinnville to Hillsboro, Salem, Sherwood, and outlying areas. Call for a schedule. Other transportation needs are provided through the "Dial-A-Ride" program, available to anyone. Requires at least 24-hour advance notice.

EMOTIONAL SUPPORT

counseling & therapy
mental health crisis lines
spiritual growth
support groups

This section includes counseling, therapy, and mental health services religious an spiritual resources; and support groups.

COUNSELING & THERAPY

Avel Gordly Center for Healing
Mental Health Services

621 SW Alder St., Suite 520
Portland, OR 97205
503-494-4745

503-494-4745 fax

Offers individual, group and family therapy, outpatient addictions treatment, treatment for gambling addictions, case management and medical management. Mental health services culturally responsive to the needs of African-Americans and Southeast Asian cultures. Accepts private insurance, self-pay, and offers some sliding fee services. Call intake line for more information.

Cascadia Behavioral Healthcare
Mental Health Services

2415 SE 43rd Ave., Suite 200
Portland, OR 97206
503-230-9654
www.cascadiabhc.org

503-239-5953 fax
503-674-7777 intake

Counseling, crisis services, and medication management for low-income adults and youth. Case management and alcohol- and drug-free housing available for people with a history of substance abuse and mental illness. Serves Multnomah, Clackamas, and Washington counties. Accepts Oregon Health Plan Plus and Standard, open card, and self-pay. Access to foreign-language interpreters. Call for other counseling office locations and services.

Clark County HIV/AIDS Case Management Program
Mental Health Referral

1601 E Fourth Plain Blvd, Third Floor
Vancouver, WA 98666
360-397-8060
www.clark.wa.gov/public-health/hiv/case.html

Referral to free mental health services for low-income Clark County residents with HIV/AIDS.

Community Services Northwest (CSNW)
Mental Health & Addiction Services

1601 E Fourth Plain Blvd, #17
Vancouver, WA 98661
360-397-8484
www.communityservicesnw.org

360-397-8492 fax
360-397-8484 mental health

Free and low-cost mental health and addictions services for low-income Clark County residents. Individual and group counseling, case management, crisis intervention, and medication management for people with chronic mental illness. Accepts state medical coupons (Medicaid). Access to ASL and foreign-language interpreters. Formerly Mental Health Northwest.

Lifeworks Northwest
Mental Health & Addiction Services

14600 NW Cornell Road
Portland, OR 97229
503-645-3581
www.lifeworksnw.org

503-629-8517 fax
503-645-3581 intake

Low-cost mental health and addiction services for low-income adults and youth in Multnomah and Washington counties. Some services may be free to Washington County residents. Counseling, case management, and medication management for people with chronic mental illness. Specialized services for older adults. Accepts Oregon Health Plan Plus and Standard, open card, some private insurance, and self-pay. Sliding fee scale for the uninsured. Spanish- and Russian-speaking staff available. Access to ASL and other foreign-language interpreters.

Lutheran Community Services
Counseling

605 SE 39th Ave.
Portland, OR 97214
503-231-7480
www.lcsnw.org

(503)-233-0667 fax

Counseling for adults and families. Multicultural counseling, mental health, violence prevention, foster care, crisis intervention, teen pregnancy prevention, alcohol and drug treatment, advocacy, adoption, senior outreach. Accepts Oregon Health Plan. Staff fluent in a variety of foreign languages. Call for more information.

Quest Center for Integrative Health
Chronic Illness Support

2901 E Burnside St.
Portland, OR 97214
503-238-5203
www.quest-center.org

info@quest-center.org

Counseling, medication management, and a variety of holistic programs for people living with HIV/AIDS, cancer, mental illness, chemical addiction and other chronic illnesses. Free counseling may be available for low-income women living with HIV/AIDS (available through the Women of Wisdom (WOW) program). Accepts Oregon Health Plan (call to verify), and private insurance. Sliding fee scale may be available. Formerly Project Quest.

Sexual Minority Youth Resource Center (SMYRC)
Counseling

3024 NE Martin Luther King Jr. Blvd.
Portland, OR 97212
503-872-9664
www.smyrc.org

503-231-3051 fax
info@smyrc.org

Umbrella provides affordable, sliding-scale counseling to lesbian, gay, bisexual, transgender and queer (LGBTQ) people of all ages, and FREE counseling to LGBTQ youth 23 and younger. Services include assessment, individual counseling, group therapy, and family counseling. OHP payments are also accepted.

The Wellness Project
Free Counseling Services

317 E 39th St.
Vancouver, WA 98683
360-546-1722
www.communityservicesnw.org

360-397-8494 fax

A free mental health clinic that provides high-quality mental health treatment to uninsured adults. Treatment includes individual and group counseling, community resources and referral, medication management, and peer facilitated treatment groups. Call to make an appointment. A program of Community Services Northwest.

William Temple House
Counseling

2023 NW Hoyt St.
Portland, OR 97209
503-226-3021
www.williamtemple.org

Low-cost counseling for individuals, couples, and families. $10 per session, up to 12 sessions maximum. To be eligible you must apply in person. You will be given a questionnaire that takes at least 2 hours to fill out. A counselor will contact you later to schedule an appointment.

Yamhill County Health & Human Services
Adult Mental Health Program

627 NE Evans St.
McMinnville, OR 97218
503-434-7523
www.co.yamhill.or.us/hhs

503-434-7527 intake

Services for adults include intake and assessment, individual and group therapy, case management and residential services, crisis intervention, pre-commitment services and psychiatric hospitalization screening, psychiatric evaluation and medication management. Open to Yamhill County residents on Oregon Health Plan Plus. Spanish-speaking staff available.

MENTAL HEALTH CRISIS LINES

Multnomah County Mental Health and Addictions Services Call Center
Telephone Crisis Line
1-800-716-9769
503-988-4888
www.co.multnomah.or.us/dchs/mhas/

The Portland community's hub for individuals and families in crisis. The Call Center is staffed 24 hours a day, 7 days a week with mental health professionals who can help anyone get connected with available resources.

Portland Metro Crisis Lines
Phone Numbers by County

Clackamas County
503-655-8401
888-651-2134 (toll free)

Clark County
360-696-9560
800-626-8137

Columbia County
866-866-1426 (toll free)

Multnomah County
503-988-4888
800-716-9769
Washington County
503-291-9111

Yamhill County
503-434-7523
800-560-5535

SPIRITUAL GROWTH

HIV Day Center
Spiritual

2941 NE Ainsworth
Portland, OR 97211
503-460-3822
www.emoregon.org/HIV-day_center.php

hivcenter@emoregon.org

Spiritual direction available in support of the values of the Ecumenical Ministries of Oregon.

Metropolitan Community Church of Portland
Ecumenical Christian Church

2400 NE Broadway St.
Portland, OR 97232
503-281-8868
www.mccportland.com

503-281-3933 fax
info@mccportland.com

An ecumenical church with a gay and lesbian focus. Individual pastoral counseling available at church or in-home.

Metropolitan Community Church of the Gentle Shepherd
Ecumenical Church

2200 Broadway St.
Vancouver, WA 98660
360-695-1480
www.mccofthegentleshepherd.org

Weekly worship services with a gay and lesbian focus.

Cascade AIDS Project
Positive Talk (+alk)

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

A five-session small group program for people living with HIV designed to reduce stress levels around issues of disclosure to friends, family and sex partners and to teach positive skills in order to create successful personal relationships. An incentive is offered upon completion of the program.

Dougy Center
Grief/Bereavement Support Groups

3909 SE 52nd Ave.
Portland, OR 97206
503-775-5683
www.dougy.org

503-777-3097 fax
866-775-5683 toll free

Free grief and bereavement support groups for children and youth up to 18 years old who have experienced the death of a parent, sibling, caregiver, or loved one. Offers peer support, education, and training. Access to Spanish-speaking volunteers. Call for information.

HIV Day Center
Support Services

2941 NE Ainsworth
Portland, OR 97211
503-460-3822
www.emoregon.org/HIV-day_center.php

hivcenter@emoregon.org

Informal and crisis counseling for low-income people with HIV/AIDS.

Legacy Health Systems
Grief/Bereavement Support Groups

503-413-4460

Free grief and bereavement support groups for anyone who has experienced the death of a loved one. Portland and McMinnville locations. Call for the latest schedule.

Portland
503-220-1000
800-896-6287

McMinnville
503-472-9685
800-361-8506

Pivot
The Link

209 SW 4th Ave.
Portland, OR 97204
503-445-7699
www.pivotpdx.org

pivot@pivotpdx.org

A social group for HIV+ gay and bisexual men. Meets the 2nd Wednesday of the month at 6pm at Pivot. For more information please call 503-278-3868 or e-mail thelink@cascadeaids.org.

Positive Support Association
General Information

pridelabs@gmail.com
928-569-1950
www.positive-supoport.org

Supports all persons that have been affected by the HIV/AIDS epidemic here in the Pacific Northwest. The PSA maintains a comprehensive web site that people can visit to help newly diagnosed persons get help and support. The PSA is also seeking volunteers to assist in HIV/AIDS Awareness Projects, including our Peer Positive Mentorship Program.

Quest Center for Integrative Health
HIV Support Groups

2901 E Burnside St.
Portland, OR 97214
503-238-5203
www.quest-center.org

info@quest-center.org

Free and low-cost support groups for low-income people living with HIV/AIDS. Specific groups for gay men, heterosexual men, women, and women over 45 years old. Sliding fee scale may be available. Accepts some insurance. Formerly Project Quest.

Women of Wisdom (WOW)
The Women of Wisdom (WOW) program is the only program providing psychosocial support services to HIV+ women living in Oregon and SW Washington. Provides biweekly meals and social activities for clients; child care provided. Specific group for women over 45 years old.

Sexual Minority Youth Resource Center (SMYRC)
Youth Sexual Minority Support

3024 NE Martin Luther King Jr. Blvd.
Portland, OR 97212
503-872-9664
www.smyrc.org

503-231-3051 fax
info@smyrc.org

Different discussion groups and drop-in hours available for sexual minority youth. A "Sex-ucation" group meets Fridays at 6pm covering topics of relationships and sexuality. Drop-in hours are 4-9pm, Wednesday, Friday, and Saturday.

The Compassionate Friends
Grief/Bereavement Support Groups

PO Box 3065
Portland, OR 97208
503-248-0102
www.tcfportland.org

Grief and bereavement support for people who have experienced the death of a child. Call or visit the website for more information.

financial aid
support

This section includes resources that serve the gay, lesbian, bisexual, transgender and queer communities.

FINANCIAL AID

Oregon Department of Human Services
CAREAssist

800 NE Oregon Street Suite 1105
Portland, OR 97232
www.oregon.gov/DHS

CAREAssist
Phone: 971-673-0144
Phone (Toll-Free): 800-805-2313
Fax: 971-673-0142
Address: 800 NE Oregon Street Suite 1105.

Helps low-income Oregonians living with HIV/AIDS pay for HIV medications, including co-pays and deductibles. If at least 50% of your prescription costs are covered by your medical insurance, this program can also help pay for insurance premiums and deductibles. Examples include Oregon Health Plan, OMIP, COBRA, some private insurance, and Medicare Part D drug plans. Participants pay part of the coverage costs based on their income.

Eligibility varies. Typically, your gross income cannot be more than 200% of the federal poverty level. There is also an asset limit. Call for more information on how to get health insurance if you are uninsured. Access to foreign-language interpreters.

SUPPORT

Cascade AIDS Project
Kids' Connection

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

Kids' Connection provides social, educational and support services for families impacted by HIV. Specific support includes disclosure in the family, teaching young children about HIV, support for children living with HIV, guardianship planning preparations, school disclosure support, and family-to-family social connections.

Gay and Lesbian National Hotline
Support Line

800-249-7743 youth
888-843-4564 toll free
www.glnh.org

Toll free national hotline offering totally anonymous information, referrals and peer counseling. They have listings for gay-friendly businesses, hotels, clubs and doctors, lawyers and therapists. Trained peer counselors are available for questioning youth.

Just Out
Community Resources

P.O. Box 14400
Portland, OR 97293
503-236-1252
www.justout.com

503-236-1257 fax

Gay, lesbian, bisexual, and transgender community newspaper published twice monthly. A listing of resources in the Portland area is available both in print and online.

Love Makes a Family
Youth and Family

P.O. Box 5163
Portland, OR 97208
503-228-3892
www.LMfamily.org

503-228-3970 fax
info@LMfamily.org

Support for gay, lesbian, bisexual, and transgender youth, parents, and their children. Support groups in Portland and Vancouver. Call for more information.

Manifest Men's Wellness Community
Community Center

4906 NE 22 Ave.
Portland, OR 97211
503-223-8822
www.qland.org

bart@manifestpdx.org

Social support, wellness, yoga and meditation, nutrition, and networking organization for queer men. Also provides information & referral to men's wellness resources, practitioners, and groups. Check the web site for a calendar of events. Formerly Q-Land.

Multnomah County Mental Health and Addictions Services Call Center
Telephone Crisis Line
1-800-716-9769
503-988-4888
www.co.multnomah.or.us/dchs/mhas/

The Portland community's hub for individuals and families in crisis. The Call Center is staffed 24 hours a day, 7 days a week with mental health professionals who can help anyone get connected with available resources.

Parents and Friends of Lesbians & Gays (PFLAG)
Oregon Chapter

P.O. Box 8944
Portland, OR 97207
503-232-7676
www.pflagpdx.org

Support meetings for parents and friends of lesbians and gays. Advocacy and education services available. Call or visit the website for meeting times and locations.

Pivot
A space for men into men

209 SW 4th Ave.
Portland, OR 97204
503-445-7699
www.pivotpdx.org

pivot@pivotpdx.org

Drop-in resource center for gay, bisexual, and gender queer men. Health information, library, support groups for HIV-positive men and Latinos, and HIV and STD testing and treatment. Open Wednesday–Saturday, 3–9pm. Call for a schedule of social events. Part-time Spanish-speaking staff available. A program of Cascade AIDS Project.

Q Center
Community Center

69 SE Taylor St.
Portland, OR
503-234-7837
www.pdxqcenter.org

Portland's gay, lesbian, bisexual, transgender, and queer community center. Call for walk-in hours and check the web site for a schedule of events.

Sexual Minority Youth Resource Center (SMYRC)
Community Center

3024 NE Martin Luther King Jr. Blvd.
Portland, OR 97212
503-872-9664
www.smyrc.org

503-231-3051 fax
info@smyrc.org

Drop-in recreation center for gay, lesbian, bisexual, and transgender youth aged 23 and under. Open Wednesday, Friday, and Saturday, 4–9pm. Recreation activities, HIV testing, mentoring, and employment assistance. Counseling for youth and their families. Case management and advocacy for youth who live in Multnomah County. Access to ASL interpreters.

Triple Point - Children's Home Society
GLBTQ Youth Social Support

P.O. Box 605
Vancouver, WA 98666
360-695-1325
www.chs-wa.org/triplepoint.htm

Local youth group for gay, lesbian, bisexual, transgender, questioning, and straight ally youth, ages 13-18 years old. Currently provides a safe space, support, education, information and referral services through Children's Home Society of Washington.

Washington County Pride Project
Social Support

3024 NE Martin Luther King Jr. Blvd.
Portland, OR 97212
503-260-5792
www.prideproject.org

Prevention-focused social and support group for gay, lesbian, bisexual, and transgender youth aged 21 and under. Meets weekly in Beaverton and Hillsboro. Call for location. Bilingual Spanish-speaking staff.

HEPATITIS C

hepatitis c support
hepatitis c testing & care
hepatitis c treatment
hepatitis information

This section lists resources specifically for people with hepatitis C, including medical care, hepatitis A and B vaccinations, and support groups. You should check listings in other sections of this guide for additional services that may be available.

HEPATITIS C SUPPORT

Hepatitis C Advocate
Support Groups

www.hcvadvocate.org

To locate a support group in your area visit www.hcvadvocate.org/community/groups.asp.

Legacy Good Samaritan Hospital
Support Groups

1040 NW 22nd. Ave.
Portland, OR 97210
503-413-7022
www.legacyhealth.org

503-413-7348 hepatitis

Free education and peer support groups for people living with and affected by hepatitis C. Meets in the 2nd floor conference room on the 3rd Tuesday of every month at 5:30PM. Open to the public.

Northwest Hepatitis C Resource Center
Support

3710 SW. U.S. Veterans Hospital Rd
Portland, OR 97239
503-273-5264
www.hepatitis.va.gov

Education, support groups and counseling for veterans living with hepatitis C.

HEPATITIS C TESTING & CARE

Testing for hepatitis C is available at clinics, alcohol and drug treatment centers, private doctors, and other locations. Most test only people with high risk, such as those who have used injection drugs.
To get care for hepatitis C, you will need to visit a doctor. Because resources are limited, some private providers have been included. This does not imply approval or recommendation of any particular provider.

C.C. Slaughters Nightclub
Hepatitis C Testing

219 NW Davis St.
Portland, OR 97209
503-988-3030 health department
www.ccslaughterspdx.com

Free hepatitis C testing for gay and bisexual men who have injected drugs, every 1st Thursday from 9–11:30PM. Testing provided by Multnomah County Health Department.

Central City Concern
Health Services - Hepatitis C

232 NW 6th Avenue
Portland, OR 97209
503-294-1681
www.centralcityconcern.org

Primary care, naturopathy, acupuncture, Chinese medicine, mental health, and addiction treatment for homeless and low-income people. Includes testing for hepatitis C and hepatitis A and B vaccinations. Call for an appointment. Accepts Oregon Health Plan Plus and Standard, open card, private insurance, and uninsured (limited capacity). Sliding fee scale. Spanish-speaking staff available. Access to other foreign-language interpreters.

Clackamas County Community Health Centers
Hepatitis Services

Primary care services for Clackamas County residents. Includes screening and testing for hepatitis C, and hepatitis A and B vaccinations. Call for eligibility and an appointment. Spanish-speaking staff available. Access to other foreign-language interpreters.

Beavercreek Health Center
1425 Beavercreek Rd.
Oregon City, OR 97045
503-655-8471
503-655-8475 Spanish
503-655-8349 TDD
503-722-6621 fax

Sandy Health Center
38872 Proctor Blvd.
Sandy, OR 97055
503-722-6960

Molalla Health Center
218 Center Ave.
Molalla, OR 97038
503-723-2944

Clackamas Service Center
Hepatitis C Testing

8800 SE 80th Ave.
Milwaukie, OR 97206
503-771-7914

Free hepatitis C testing and hepatitis A and B vaccinations, available on a walk-in basis every 2nd and last Tuesday from 3–5PM. Subject to eligibility. The Outside In medical van is at the Clackamas County Service Center Tuesdays and Thursdays from 1-4:30pm. Syringe Exchange through Outside In is also available on Thursdays from 2-4:30pm.

Clark County Public Health - Harm Reduction Center
Hepatitis C Testing

3701 E Fourth Plain Blvd.
Vancouver, WA 98661
360-397-8098

Free hepatitis C testing for injection drug users and their sex partners, every Monday and Wednesday from 3–6pm, and Friday from 3–5pm.

Columbia County Public Health
Hepatitis Testing & Vaccinations

2370 Gable Rd.
St. Helens, OR 97051
503-397-4651
www.chdpublichealth.com

503-397-1424 fax
800-244-4870 toll free

Screening and testing for hepatitis C, and hepatitis A and B vaccinations. Serves Columbia County residents. Call for an appointment. Accepts Oregon Health Plan, private insurance, and self-pay. No one refused service if they cannot pay. Spanish-speaking staff available.

Dr. Keivan Jinnah, ND, LAC
Complementary Medicine

3701 SE. Milwaukie, Suite F
Portland, OR 97202
503-239-7341

503-239-7350

Specialized complementary care for hepatitis C. Acupuncture, Chinese herbs, and supplements. Accepts open card and self-pay (first visit $180, additional visits from $60, supplements $45–150). Sliding fee scale available.

MCHD Community Immunization Clinic
Vaccinations

426 SW Stark St., 3rd Floor
Portland, OR 97204
503-988-3828
www.mchealth.org/immunizations

Offers childhood vaccinations and lead screening. It also offers a variety of immunization services for adults including hepatitis A & B vaccines, blood draws for antibody testing (titers) and TB testing. Clinic hours are Tuesday and Wednesday, 9am-4:30pm. Appointment required. Spanish-speaking staff available. Access to other foreign-language and ASL interpreters.

Multnomah County Community Health Centers
Hepatitis Services

503-988-3333 appointments (established patients)
503-988-3816 eligibility
www.mchealth.org

Primary care services for low-income Multnomah County residents. Includes testing for hepatitis C, HIV, and sexually transmitted diseases for highest-risk persons. Hepatitis A and B vaccinations for people with hepatitis C and others at risk. Refers to OHSU Hepatology clinic for liver biopsies and hepatitis C treatment. Capacity is limited. Call for eligibility and intake. There

may be a long wait for an appointment, and some clinics may be closed to new patients. Accepts Oregon Health Plan Plus (CareOregon only), and open card. Sliding fee scale. Access to ASL and foreign-language interpreters.

East County Health Center
600 NE 8th Ave.
Gresham, OR 97030
503-988-5155

La Clinica de Buena Salud – Portland
6736 NE Killingsworth St., Suite 100
Portland, OR 97218
503-988-3991
(Serves low-income children and families. Staff bilingual in English and Spanish.)

Mid County Health Center
12710 SE Division St.
Portland, OR 97236
503-988-3601

Northeast Health Center
5329 NE Martin Luther King Jr. Blvd.
Portland, OR 97211
503-988-5183

North Portland Health Center
9000 N Lombard St.
Portland, OR 97203
503-988-5304

Westside Health Center
426 SW Stark St.
Portland, OR 97204
503-988-5140

Multnomah County Health Department - Northeast Health Center
Testing Services

5329 NE Martin Luther King Jr. Blvd.
Portland, OR 97211
503-988-3030 health department
www.mchealth.org/hivhcv

Free anonymous or confidential HIV testing, available on a walk-in basis every Tuesdays from 5:30-7:15pm. Rapid testing available for gay and bisexual men and sex partners of HIV+

individuals. Located at NE MLK and Killingsworth. Free hepatitis C testing for people with history of injection drug use also available. Access to Spanish-speaking staff.

Multnomah County Health Department - STD Clinic

Hepatitis Services

426 SW Stark St., 6th Floor
Portland, OR 97204
503-988-3700
www.mchealth.or/std

503-988-5520 fax
503-988-5702 results

Low-cost hepatitis C testing for people who have used injection drugs. Hepatitis A and B vaccinations for gay and bisexual men, injectors, people with hepatitis C, and those under 20 years old. Sliding fee scale. No one refused service if they cannot pay. Service by appointment and on a walk-in basis Monday, Tuesday, Thursday, and Friday from 9am–4:30pm, and Wednesday from 12:30–4:30pm. Access to ASL and foreign-language interpreters.

NARA Indian Health Clinic

Hepatitis C Testing

15 N Morris St.
Portland, OR 97227
503-230-9875
www.naranorthwest.org

503-230-9877 fax

Primary-care clinic offers screening and testing for hepatitis C. Serves Native Americans and Native Alaskans. Accepts Oregon Health Plan Plus and Standard, open card, private insurance, and uninsured. Call for eligibility and to make an appointment.

OHSU Division of Gastroenterology & Hepatology

Hepatitis Services

3181 SW Sam Jackson Park Rd., Suite 310
Portland, OR 97239
503-494-8577

Hepatitis C specialty care includes liver biopsies, PCR, ALT/AST tests, hepatitis C education, and a full health evaluation. Requires a referral from a primary care physician. Accepts Oregon Health Plan Plus and Standard, private insurance, and self-pay. Financial assistance available for low-income people with no insurance. Call for eligibility and to make an appointment.

OHSU Richmond Family Medicine
Hepatitis Services

3930 SE Division St.
Portland, OR 97202
503-418-3990
www.ohsuhealth.com/familymed

503-418-3939 fax

Primary care clinics offer hepatitis screening and testing, vaccinations, and referrals to the OHSU Hepatology Clinic. Flexible hours. Sliding fee scale for low-income and uninsured Southeast Portland residents. If you live in this area they will also accept Oregon Health Plan (Plus and Standard), and open card. Call for eligibility and to make an appointment.

Open Gate Acupuncture and Herb Clinic
Complementary Medicine

1011 E. Burnside
Portland, OR 97214
503-232-3857
www.opengateclinic.com

Acupuncture, jin shin jyutusu, massage, Chinese herbal medicine, and vitamins. Limited sliding fee scale for low-income people. Open daily.

Oregon Health & Science University - Internal Medicine
Hepatitis Services

3181 Sam Jackson Park Rd.
Portland, OR 97239
503-494-8562
www.ohsuhealth.com

503-494-6344 fax
503-494-8311 OHSU information

Primary care and case management for people with HIV-hepatitis C coinfection. Includes screening and testing, hepatitis A and B vaccinations, behavioral health counseling, and clinical trials. Accepts Oregon Health Plan (CareOregon) and private insurance.

Outside In
Community Health Clinic

1132 SW 13th Ave.
Portland, OR 97205
503-535-3890
www.outsidein.org

503-535-3868 fax
info@outsidein.org

Walk-in primary care clinic for homeless and low-income youth and adults under 30. Transgender medical clinic once a week. Sliding-fee scale visits and low-cost medications and lab work. Free visits for youth 21 or younger. Accepts CareOregon (Oregon Health Plan) or

self-pay. Acupuncture, dental care, tattoo removal, and psychiatric care available by appointment. Referral to specialist care and medical housing vouchers given as needed. Call for hours. Spanish-speaking staff available. Access to other foreign-language interpreters.

Outside In - Hepatitis Services
Testing & Care

www.outsidein.org

IDU Health Services
1219 SW Main St.
Portland, OR 97205
971-544-1574

Free hepatitis C testing for injectors and partners of people infected with hepatitis C. Available on a walk-in basis during needle exchange, Monday–Friday, from 1–5PM.

Medical Clinic
1132 SW 13th Ave.
Portland, OR 97205
503-535-3890

Hepatitis C testing for injectors and partners of those infected with hepatitis C. Hepatitis A and B vaccinations for homeless youth. Serves homeless and low-income youth and adults under 30. Sliding fee scale. Available on a walk-in basis. Spanish-speaking staff available. Access to other foreign-language interpreters.

Pivot
Hepatitis Testing & Vaccinations

209 SW 4th Ave.
Portland, OR 97204
503-445-7699
www.pivotpdx.org

pivot@pivotpdx.org

Free hepatitis A and B vaccinations for gay, bisexual, and gender queer men, Tuesdays from 5–9pm and Wednesdays 11am-2pm. Free Hepatitis C testing for those with history of injection drug use. A program of Cascade AIDS Project. Testing services provided by Outside In.

Portland VA Medical Center (PVAMC)
Medical Clinic - Infectious Diseases

3710 SW US Veteran's Hospital Road
Portland, OR 97239
503-220-8262 x 57140
www.va.gov/portland

Offers HIV and hepatitis C care for service-eligible veterans only. Access to ASL and foreign-language interpreters. Call for enrollment and eligibility options.

Providence PACE Clinic
Hepatitis Services

5050 NE Hoyt Suite 540
Portland, OR 97213
503-215-6600
503-215-7751 fax
www.providence.org/oregon

Primary and infectious disease speciality care for adults, provided through the internal medicine residency program. Includes hepatitis C testing and hepatitis A and B vaccinations. On-site social worker. Call for an appointment. Financial assistance available for low income and the uninsured. Accepts Oregon Health Plan (Providence Health Assurance only) and some private insurance. Access to ASL and foreign-language interpreters.

Scandals Lounge
Hepatitis C Testing

1125 SW Stark St.
Portland, OR 97205
503-988-3030 health department
www.scandalspdx.com

Free hepatitis C testing for gay and bisexual men who have used injection drugs, available every 2nd Friday from 9–11:30PM. Testing provided by Multnomah County Health Department.

The Oregon Clinic
Hepatitis Services

1111 NE 99th Ave., Suite 301
Portland, OR 97220
503-963-2707
www.orclinic.com

Hepatitis specialty care and treatment for patients with Providence or Legacy insurance. Requires referral from primary care physician and completion of a hepatitis questionnaire. Accepts some Oregon Health Plan Plus and Standard, open card, and self-pay (up-front

payment required). Call for insurance eligibility.

Washington County Health Department - Testing Services
Hepatitis Services

503-846-4522 fax
503-846-8851

Hepatitis A and B vaccinations for gay men, injectors (current or past), and those infected with hepatitis C, available on a walk-in basis during the HIV testing hours listed below. Sliding fee scale. Spanish-speaking staff available.

Hillsboro Clinic
155 N First Ave.
Hillsboro, OR 97124
Tuesday from 4–5PM, and Friday from 9–11AM

Beaverton Clinic
12550 SW 2nd St.
Beaverton, OR 97005
Monday from 5:30–7:30PM

Westover Heights Clinic
Infectious Disease Clinic

2330 NW Flanders Suite 207
Portland, OR 97210
503-226-6678
www.westoverheights.com

Private clinic provides testing and follow-up care for sexually transmitted and infectious diseases, including hepatitis A, B, and C, HIV, gonorrhea, chlamydia, herpes, and syphilis. Vaccinations for hepatitis A and B. Discount for up-front payment. Accepts most private insurance. No Oregon Health Plan or Medicare. Access to Spanish-speaking staff.

Yamhill County Public Health
Hepatitis Services

412 NE Ford Street
McMinnville, OR 97128
503-434-7525
www.co.yamhill.or.us/ph

503-434-7421 fax

$14 for hepatitis C testing, available to highest-risk persons. Vaccinations for hepatitis and B. Call for hours or to make an appointment. Spanish-speaking staff available.

Although hepatitis C can be treated, the treatment is not appropriate for everyone. Some treatments require that you are clean and sober. It's important to see a health-care provider to create a plan that best supports your needs and protects your health.

Hepatitis C Advocate
Treatment Information

www.hcvadvocate.org

Information, fact sheets, and news about hepatitis C treatments and policy. Links to other sites. Available in English and Spanish.

Hepatitis C Caring Ambassadors Program
Information

P.O. Box 1748
Oregon City, OR 97045
503-632-9032
www.hepcchallenge.org

877-737-HEPC toll free

Information about hepatitis C treatments, disease management, and awareness available in print and online.

Infergen
Treatment Information

888-668-3393 toll free
www.infergenaspire.com

Information about Infergen®, one of the brand names interferon alfacon-1 from the company that makes the medication. Infergen®is one of the medications that may be used in hepatitis C treatment regimens. (Note that there are different brand names for hepatitis C medications.) The website contains information about the medication and financial assistance for patients with low and moderate incomes. Eligibility for financial support varies. There is also a support program offered for patients taking Infergen®.

Roche
Treatment Information

877-757-6243
877-734-2797 toll free
www.pegasys.com

Information about Pegasys® and Copegasys®, the brand names for the medications interferon alfa-2a and ribavirin, USP from the company (Roche) that makes both of the medications.

Pegasys®i and Copegasys® are two medications that may be used in hepatitis C treatment regimens. (Note that there are different brand names for hepatitis C medications.) The website contains information about the hepatitis C treatment, and taking medications. There is also a support program offered by the company for patients taking Pegasys and Copegasys®.

Schering
Information

800-521-7157 Commitment to Care
888-437-2608 toll free
www.hep-help.com

Information about PegIntron®, the brand names for the medication Peginterferon alfa -2b from the company (Schering) that makes the medication. PegIntron® is a medications that may be used in hepatitis C treatment regimens. (Note that there are different brand names for hepatitis C medications.) The website contains information about the hepatitis C treatment, and taking medications. There is also a support program offered by the company for patients taking PegIntron®. Financial assistance for patients with low tomoderate incomes through the Committment to Care program. Current eligibility information is available through the website.

United Network for Organ Sharing
Liver Transplant Information

888-894-6361
www.unos.org

Provides information about organ transplantation and has a list of transplant centers with liver transplant programs. Call or visit website for waiting lists and more information.

HEPATITIS INFORMATION

American Liver Foundation
Health Information

888-443-7872
800-465-4837
www.liverfoundation.org

Click "Liver Health" to find news articles and information on hepatitis C. Available in English and Spanish.

Centers for Disease Control & Prevention - Hepatitis
Web Site

888-443-7232
www.cdc.gov/hepatitis

This website contains up to date information about viral hepatitis and links to additional information and groups.

Hep C Connection
Hepatitis C Hotline

800-522-4372 toll free
www.hepc-connection.org

The organization's mission is to educate the general public about hepatitis C and to provide resources and support for those affected by the virus. Hep C Connection offers a helpline to answer your questions regarding hepatitis C (HCV). You can expect respect, patience & understanding, in clear, jargon-free language from their staff & volunteers.

Latino Organization for Liver Awareness (LOLA)
Web Site

www.lola-national.org

Hepatitis C information in Spanish and English.

MCHD HIV & Hepatitis C Community Programs
Health Information

503-988-3030
www.mchealth.org/cd/hivhcv

Call or visit the web site for a schedule of hepatitis education classes.

Oregon AIDS/STD Hotline
Hepatitis Information

800-499-6940
800-777-2437
www.oregonaidshotline.com

Call for information about local hepatitis C resources.

Oregon Public Health Information Line
Health Information

866-703-4636 toll free

Call in Oregon to hear recorded information about hepatitis C.

Veteran's Administration National Hepatitis C Program
Web Site

www.hepatitis.va.gov

Hepatitis information for patients and health-care providers.

alternative, dental & vision clinics
home health, hospice & residential care
medical equipment
medication
physician referral

This section will contain information on low-cost medical clinics, dental services, medications and physician referrals.

ALTERNATIVE, DENTAL & VISION

Arthur Devers Memorial Eye Clinic
Low/No-Cost Eye Clinic

1040 NW 22nd Ave. N168
Portland, OR 97210
503-413-7979 appointments
www.lhs.org

503-416-7006 fax

Medically necessary vision services, available free for people with Oregon Health Plan and HMO-Oregon, or for those who do not qualify for Oregon Health Plan but meet the clinic's financial guidelines. Call for an appointment eligibility and to make an appointment. Access to ASL and foreign-language interpreters.

Central City Concern - Old Town Clinic
Complementary Medicine

727 W Burnside St.
Portland, OR 97209
503-228-4533
www.centralcityconcern.org/oldtown.htm

Low-cost acupuncture, naturopathic care, massage therapy, and Chinese herbal medicine. Free or sliding fee scale for low-income people living with HIV/AIDS. Specializes in addiction treatment. Spanish-speaking staff available.

Clackamas County Community Health Center
Dental Clinic

1425 Beaver Creek Rd.
Oregon City, OR 97045
503-655-8471

503-557-5890 fax

Providing dental care to the following groups: Multicare/OHP clients, low income/uninsured children and adults who are residents of Clackamas County including migrant/seasonal farm-workers. Urgent and routine services only, including fillings and extractions. No restorative work.

Clark County HIV/AIDS Case Management Program
Dental Referral

1601 E Fourth Plain Blvd, Third Floor
Vancouver, WA 98666
360-397-8060
www.clark.wa.gov/public-health/hiv/case.html

Referral to free or low-cost dental services for low-income Clark County residents with HIV/AIDS.

Healing Arts Center
Complementary Medicine

707 NE 5th St.
McMinnville, OR 97128
503-472-5797
www.healingartscenter.com

mail@healingartscenter707.com

Acupuncture, massage, and Chinese herbal medicine. Accepts some insurance. Call for more information and to schedule an appointment.

HIV Day Center
Volunteer Complementary Medicine

2941 NE Ainsworth
Portland, OR 97211
503-460-3822
www.emoregon.org/HIV-day_center.php

hivcenter@emoregon.org

Massage, haircuts, foot care and acupuncture are provided by volunteer practitioners to those living with HIV/AIDS.

Institute for Traditional Medicine
Immune Enhancement Project

2017 SE Hawthorne Blvd.
Portland, OR 97214
503-233-4907
www.itmonline.org

503-223-1017 fax

Reduced-cost treatment program for low-income people living with HIV/AIDS or hepatitis C. Includes acupuncture, massage, Chinese herbal medicine, and vitamins. Must be alcohol- and drug-free for at least 1 year. Accepts some insurance.

Multnomah County Health Department - Dental Access Program
Urgent Care
503-988-6942

Emergency dental care for uninsured, low-income Multnomah County residents, provided by county dental clinics and other participating providers. Sliding fee scale. Call for eligibility and appointment.

Multnomah County Health Department - Dental Clinics
Dental Care

Urgent care for low-income people and uninsured children. Routine care (no braces) for Multnomah County residents on the MultiCare Dental plan (Oregon Health Plan). Sliding fee scale. Call for an appointment. Access to foreign language interpreters.

Northeast Dental Clinic
5329 NE Martin Luther King Jr. Blvd
Portland, OR 97111
Phone: (503) 988-6942
Hours: Monday-Friday, 7:30am-6:30pm

Southeast Dental Clinic
3653 SE 34th Ave
Portland, OR 97202
Phone: (503) 988-6942
Hours: Monday-Friday, 7:30am-6:30pm

Mid-County Dental Clinic
12710 SE Division St
Portland, OR 97236
Phone: (503) 988-6942
Hours: Monday-Friday, 7:30am-6:30pm

East County Dental Clinic
600 NE 8th St
Gresham, OR 97030
Phone: (503) 988-6942
Hours: Monday-Friday, 7:30am-6:30pm

OHSU Casey Eye Institute
Eye Clinics

www.ohsu.edu/cei

Sliding fee scale for medically necessary vision treatment for the uninsured. Excludes routine vision exams or glasses. Also accepts Oregon Health Plan Plus and Standard. On-site social worker available. Access to ASL and foreign-language interpreters.
Elks Children's Eye Clinic
3375 SW Terwilliger Blvd.
Portland, OR 97239
503-494-7830
503-494-5347 fax

Casey Ophthalmic Associates
3303 SW Bond Ave.
Portland, OR 97239
503-494-7672
503-418-0049 fax
(Serves adults.)

OHSU Russel Street Dental Clinic
Dental Care

214 N Russell Street
Portland, OR 97227
503-494-6822

Low-cost dental program for insured or uninsured people living with HIV/AIDS. Services include diagnostic and preventative, restorative, periodontics, prosthetics, oral surgery, endodontics, and crown and bridge procedures. Call for appointment and screening. Spanish-speaking staff available. Access to other foreign-language interpreters. Call for eligibility and current services.

OHSU School of Dentistry
Urgent Care

611 SW Campus Drive
Portland, OR 97239
503-494-8867
www.ohsu.edu/sod

Urgent dental care at reduced fees, up to $200 maximum. Capacity is limited. Call to make an appointment. Medicaid is NOT accepted. Student care providers. Access to ASL and foreign-language interpreters.

Open Gate Acupuncture and Herb Clinic
Complementary Medicine

1011 E. Burnside
Portland, OR 97214
503-232-3857
www.opengateclinic.com

Acupuncture, jin shin jyutusu, massage, Chinese herbal medicine, and vitamins. Limited sliding fee scale for low-income people. Open daily.

Oregon College of Oriental Medicine
Complementary Medicine

10541 SE Cherry Blossom Dr.
Portland, OR 97216
503-253-3443
www.ocom.edu/

503-253-2701 fax

Teaching clinic offers low-cost acupuncture, herbal medicine, and massage. Meditation workshops teach pain management. Student providers. Sliding fee scale for low-income people. Private practitioners available for specialized care. Spanish- and Chinese-speaking staff available.

Oregon School of Massage
Massage Clinic

9500 SW Barbur Blvd. Suite 100
Portland, OR 97219
503-244-3420
www.oregonschoolofmassage.com

503-244-1815 fax

Clinic open to the public by appointment. Student providers.

Outside In
Acupuncture and Naturopathic Care

1132 SW 13th Ave.
Portland, OR 97205
503-535-3890
www.outsidein.org

503-535-3868 fax
info@outsidein.org

Low-cost acupuncture and naturopathic care for homeless and low-income youth and young adults, provided by interns from the Oregon College of Oriental Medicine and the National College of Natural Medicine. Spanish-speaking staff available. Access to other foreign-language interpreters. Call for an appointment and walk-in hours.

Pacific University College of Optometry
Low-cost Eye Clinics

www.pacificu.edu/optometry

Full-service vision centers at the locations below. Southeast Portland location at Multnomah County Southeast Health Center. Accepts Oregon Health Plan (CareOregon), open card, and self-pay. Sliding fee scale. Spanish-speaking staff available. Access to ASL and foreign-language interpreters.

Portland Vision Center
511 SW 10th Ave., Suite 500
Portland, OR 97205
503-352-2500
503-352-2523 fax

Southeast Family Vision
3653 SE 34th Ave.
Portland, OR 97202
503-988-3506
503-988-3887 fax

Hillsboro
222 SE 8th Ave.
Hillsboro, OR 97123
503-352-7300
503-352-7220 fax

Forest Grove Family Vision Center
Pacific University Jefferson Hall
Pacific Ave. & Cedar St.
Forest Grove, OR 97116
503 352-2020
503-352-2261 fax

Virginia Garcia Memorial Health Center
44 N 11th Ave.
Cornelius, OR 97113
503-352-8543
503-359-8539 fax
(Spanish-speaking bilingual staff)

Portland Community College Dental Clinic
Low-cost Dental Care

12000 SW 49th
Portland, OR 97219
503-977-4909
503-977-8300 fax

Dental exams, x-rays, and cleanings by student care providers. No urgent or emergency care. Capacity is limited. Fees range from $25-40 for most services. Call for an appointment.

Quest Center for Integrative Health
Complementary Medicine

2901 E Burnside St.
Portland, OR 97214
503-238-5203
www.quest-center.org
info@quest-center.org

Free acupuncture and naturopathic care for low-income people living with HIV/AIDS. Weekly massage for women living with HIV/AIDS through the Women of Wisdom (WOW) program. Accepts uninsured, Oregon Health Plan, open card, Medicare, and private insurance. Sliding fee scale. Spanish-speaking staff available. Access to other foreign-language interpreters.

Sea Mar Community Health Center Dental Clinic
Low-cost Dental Care

1412 NE 88th St.
Vancouver, WA 98665
360-574-4074
www.seamarchc.org
360-574-9237 fax

Low-cost dental care for people with low incomes or no insurance. Call to make an appointment. Open Monday through Friday, 8am-5pm. Call for eligibility. Sliding fee scale. Spanish-speaking

staff available.

Virginia Garcia Memorial Health Center
Dental Clinic

85 N 12th St.
Cornelius, OR 97113
503-359-5564 primary care
www.virginiagarcia.org

503-359-8505 dental

Comprehensive care for children up to age 21. Urgent care for adults. Provides fillings and extractions on a sliding fee scale. Available for low-income residents of Washington and Yamhill counties. Capacity is limited. Call for eligibility and an appointment. Accepts Oregon Health Plan and self-pay. Spanish-speaking bilingual staff.

West Burnside Chiropractic Clinic
Chiropractic Services

221 W Burnside St.
Portland, OR 97209
503-223-2213
www.wschiro.edu

503-223-8477 fax

Offers free chiropractic services, x-rays & labs. Accepts walk-ins but honors appointments first. Offers chiropractic services for those without chiropractic insurance coverage and considered low income. OHP patients accepted. Spanish-speaking staff available.

CLINICS

HIV CARE

Fanno Creek Clinic
HIV Medical Clinic
2400 SW Vermont
Portland, OR 97219
503-452-0915
www.fannocreek.com

HIV/AIDS Specialty care. Sliding fee scale for low-income people with no insurance. If you are unemployed, you may be able to get health insurance in exchange for community service through the Fangorn Program. Accepts most insurance, open card, and self-pay. Spanish-speaking staff available.

Institute for Traditional Medicine
Immune Enhancement Project
2017 SE Hawthorne Blvd.
Portland, OR 97214
503-233-4907
www.itmonline.org
503-223-1017 fax

Reduced-cost treatment program for low-income people living with HIV/AIDS or hepatitis C. Includes acupuncture, massage, Chinese herbal medicine, and vitamins. Must be alcohol- and drug-free for at least 1 year. Accepts some insurance.

Kaiser Immune Deficiency Clinic
HIV Services
3550 N Interstate Ave.
Portland, OR 97227
503-249-5536
www.kaiserpermanente.org
503-249-3447 fax
800-324-8007 TTY

Specialty clinic with a multidisciplinary team approach to treating HIV disease. Serves patients with Kaiser health insurance. Provides medical treatment, all phases of professional nursing care, case management, mental health counseling, full service pharmacy, and other services. Access to ASL and foreign-language interpreters.

Legacy Health Systems
Referral Service
503-413-4460

Call for referral to HIV care providers and case management at Emanuel and Good Samaritan health clinics. Accepts Oregon Health Plan, open card, and most private insurance. Access to Spanish- and foreign-language interpreters.

MCHD HIV Health Services Center
HIV Specialty Care
426 SW Stark St., 4th Floor
Portland, OR 97204
503-988-5020
www.mchealth.org/hivserv
503-988-5022 fax

Full-service HIV specialty care. Services include lab, pharmacy, mental health, nutrition program, case management, x-ray services, and out-patient alcohol / drug treatment referral. Accepts most non-HMO insurance, Medicare, CareOregon (Oregon Health Plan), and open card. Sliding fee scale available. No one is denied services for inability to pay. Spanish-speaking staff available. Access to other foreign-language and ASL interpreters.

Oregon Health & Science University - Internal Medicine
HIV Care Clinic
3181 Sam Jackson Park Rd.
Portland, OR 97239
503-494-8562
www.ohsuhealth.com

503-494-6344 fax
503-494-8311 OHSU information

Statewide program manages the primary care needs of adults with HIV disease and/or hepatitis C. Offers on-site case management and clinical trials. Accepts Oregon Health Plan, private insurance, and uninsured. Access to Spanish-speaking staff and foreign-language interpreters.

Portland VA Medical Center (PVAMC)
Medical Clinic - Infectious Diseases
3710 SW US Veteran's Hospital Road
Portland, OR 97239
503-220-8262 x 57140
www.va.gov/portland

Offers HIV and hepatitis C care for service-eligible veterans only. Access to ASL and foreign-language interpreters. Call for enrollment and eligibility options.

Providence PACE Clinic
Primary Care
5050 NE Hoyt Suite 540
Portland, OR 97213
503-215-6600
www.providence.org/oregon

503-215-7751 fax

Primary and infectious disease specialty care for adults, provided through the internal medicine residency program. On-site social worker. Call for an appointment. Financial assistance available for low income and the uninsured. Accepts some Oregon Health Plan (Providence Health Assurance only) and private insurance. Access to ASL and foreign-language interpreters.

PRIMARY CARE

Central City Concern - Old Town Clinic
Primary Care
727 W Burnside St.
Portland, OR 97209
503-228-4533
www.centralcityconcern.org/oldtown.htm

Primary care for homeless and low-income people. Doctors work in consultation with HIV specialists. Call for an appointment. Accepts Oregon Health Plan, open card, private insurance, and uninsured (capacity limited). Sliding fee scale. No one is denied service if they cannot pay. Spanish-speaking staff available. Access to other foreign-language interpreters.

Children's Community Clinic
Primary Care - Pediatric
27 NE Killingsworth St.
Portland, OR 97211
503-284-5239
www.ccc4kids.org
503-284-9162 fax

Primary and preventative care for low-income children up to age 21. Referral to specialty care and social services. Sliding fee scale. Call for an appointment. Accepts Oregon Health Plan, FamilyCare, open card, uninsured and private insurance. Spanish-speaking staff available.

Clackamas County Community Health Centers
Primary Care

Primary medical care for low-income Clackamas County residents. Accepts Oregon Health Plan (CareOregon and Family Care), open card, and uninsured. Sliding fee scale. Spanish-speaking staff available. Access to other foreign-language interpreters.

Beavercreek Health Center
1425 Beavercreek Rd.
Oregon City, OR 97045
503-655-8471
503-655-8475 Spanish
503-655-8349 TDD
503-722-6621 fax

Sandy Health Center
38872 Proctor Blvd.
Sandy, OR 97055
503-722-6960

Molalla Health Center
218 Center Ave.
Molalla, OR 97038
503-723-2944

Clackamas Service Center
Primary Care & STD Screening
8800 SE 80th Ave.
Milwaukie, OR 97206
503-771-7914

Outreach medical services available via mobile medical van for homeless individuals or youth under age 30 for acute and chronic care. HIV and STD testing services also available as part of this care. Clinic hours are Tuesdays, 9am-5pm, and Thursdays, 1-5pm. Services provided by Outside In.

Free Clinic of Southwest Washington
Primary Care
4100 Plomondon St.
Vancouver, WA 98661
360-313-1390
www.freeclinics.org

360-313-1391 fax

Basic care for low-income people without insurance, available on a walk-in basis Tuesday and Thursday evenings, and Monday, Wednesday, and Friday mornings. Immunizations, vision and dental care, and prescription assistance are offered once or twice a month at other times. $5–20 suggested donation. No one is denied service if they cannot pay. Access to part-time Spanish-speaking volunteers.

MCHD School-Based Health Centers
Location-Specific Care
www.eh4t.org

Confidential HIV testing, birth control, and family planning services for any student. Available at Cleveland, Grant, Jefferson, Madison, Marshall, Parkrose, and Roosevelt high schools in Portland. Extended hours at most schools. Contact your school clinic for information.

Multnomah County Community Health Centers
Primary Care Clinics
503-988-3333 appointments (established patients)
503-988-3816 eligibility
www.mchealth.org

Primary medical care services for low-income residents of Multnomah County. Includes HIV testing and care for hepatitis C. Special services for the homeless at some sites. If you have HIV, you should seek care through the **HIV Health Services Center**.

Capacity is limited. Call for eligibility and intake. There may be a long wait for an appointment, and some clinics may be closed to new patients. Accepts Oregon Health Plan Plus (CareOregon only) and open card. Sliding fee scale. Access to ASL and foreign-language interpreters.

East County Health Center
600 NE 8th Ave.
Gresham, OR 97030
503-988-5155

La Clinica de Buena Salud – Portland
6736 NE Killingsworth St., Suite 100
Portland, OR 97218
503-988-3991
(Serves low-income children and families. Staff bilingual in English and Spanish)

Mid County Health Center
12710 SE Division St.
Portland, OR 97236
503-988-3601

Northeast Health Center
5329 NE Martin Luther King Jr. Blvd.
Portland, OR 97211
503-988-5183

North Portland Health Center
9000 N Lombard St.
Portland, OR 97203
503-988-5304

Westside Health Center
426 SW Stark St.
Portland, OR 97204
503-988-5140
(Special services for the homeless)

NARA Indian Health Clinic

Primary Care
15 N Morris St.
Portland, OR 97227
503-230-9875
www.naranorthwest.org

503-230-9877 fax

Physical exams, immunizations, prenatal and well-child care for Native Americans and Native Alaskans by appointment. Limited walk-ins available. Accepts Oregon Health Plan, open card, private insurance, and people with no insurance.

Outside In

Community Health Clinic
1132 SW 13th Ave.
Portland, OR 97205
503-535-3890
www.outsidein.org

503-535-3868 fax
info@outsidein.org

Walk-in primary care clinic for homeless and low-income youth and adults under 30. Transgender medical clinic once a week. Sliding-fee scale visits and low-cost medications and lab work. Free visits for youth 21 or younger. Accepts CareOregon (Oregon Health Plan) or self-pay. Acupuncture, dental care, tattoo removal, and psychiatric care available by appointment. Referral to specialist care and medical housing vouchers given as needed. Call for hours. Spanish-speaking staff available. Access to other foreign-language interpreters.

Planned Parenthood Columbia Willamette
Sexual Health Care
888-875-7820
503-788-7273
www.ppcw.org

HIV testing, sexually transmitted disease checks, annual exams such as Pap smears, birth control (including the morning after pill), and pregnancy testing at most locations. Surgical services at some sites. Partial up-front payment required. Most insurance accepted. Spanish-speaking staff available.

Northeast Portland
3531 NE 15th Ave., Suite B
Portland, OR 97218

Southeast Portland
3231 SE 50th Ave.
Portland, OR 97206

Gresham
501 NE Hood Ave., Suite 100
Gresham, OR 97030

Clackamas Express
16068 SE 82nd Ave.
Clackamas, OR 97015
(Limited services.)

Beaverton
12270 SW First Ave., Suite 200
Beaverton, OR 97005

Vancouver
5500 NE 109th Ct., Suite A
Vancouver, WA 98662

Vancouver – Salmon Creek Express
2105 NE 129th, Suite 105
Vancouver, WA 98686
(Limited services.)

Salem
3825 Wolverine St. NE
Salem, OR 97305

Portland Adventist Community Services
Family Health Center
11020 NE Halsey St.
Portland, OR 97220
503-252-8500
www.portlandacs.org

503-252-8701 fax

Primary care for low-income people with no insurance. Staffed by volunteer providers. $15 co-pay per visit requested but not required. Call for an appointment. There may be a long wait. Call extension 109 for more information and to schedule an appointment.

Providence PACE Clinic
Primary Care
5050 NE Hoyt Suite 540
Portland, OR 97213
503-215-6600
www.providence.org/oregon

503-215-7751 fax

Primary and infectious disease specialty care for adults, provided through the internal medicine residency program. On-site social worker. Call for an appointment. Financial assistance available for low income and the uninsured. Accepts some Oregon Health Plan (Providence Health Assurance only) and private insurance. Access to ASL and foreign-language interpreters.

Rosewood Family Health Center
A Yakima Valley Farm Workers Clinic
8935 S.E. Powell Blvd.
Portland, OR 97266
503-772-4335
www.yvfwc.com/rosewood.html

503-772-4337 fax

Full-service primary care for anyone. Sliding fee scale for low-income people with no insurance or who are underinsured. Call for an appointment. There may be a long wait for an appointment. Accepts Oregon Health Plan, open card, and some insurance. Spanish-speaking staff available. Access to other foreign-language interpreters.

Sea-Mar Community Health Center
Vancouver Medical Clinic
7410 Delaware Lane
Vancouver, WA 98664
360-896-5128
www.seamar.org

360-896-5179 fax

Primary care (no OBGYN) and geriatric services available for Clark County residents. Open Monday-Friday. Call for eligibility. Spanish-speaking staff available.

Slavic Services Center
Medical Clinic
12414 E Burnside St.
Portland, OR 97233
503-252-4955
www.slavic-center.org

Free basic care for low-income Slavic-speaking immigrants, available on a walk-in basis on Thursday evenings from 7–9pm. Inquire about chiropractic and dental services.

Southwest Community Health Center
Medical Clinic
7754 SW Capitol Highway
Portland, OR 97219
503-977-0733
503-977-0734 fax
www.swchc-pdx.org

Basic care for low-income people with no insurance or who are underinsured, available Tuesday and Thursday evenings from 4–8pm and the 2nd and 4th Mondays of the month from 6-8pm. Call for an appointment. $15 suggested donation. No Oregon Health Plan. Access to foreign-language interpreters.

Virginia Garcia Memorial Health Centers
Primary Care Clinics
www.virginiagarcia.org

Primary care for low-income people with no insurance or who are underinsured. Sliding fee scale. Accepts Oregon Health Plan (CareOregon only) and some insurance. Call to schedule an appointment. Spanish-speaking bilingual staff.

Cornelius
85 N 12th Ave.
Cornelius, OR 97113
503-359-5564
503-359-8532 fax

Beaverton
2933 SW Cedar Hills Blvd.
Beaverton, OR 97005
503-352-6000
503-352-6081 fax

Hillsboro
226 SE 8th Ave.
Hillsboro, OR 97123
503-601-7400
503-601-7311 fax

McMinnville
1900 N Hwy 99w, Suite A 503-472-1338
McMinnville, OR 97128 503-434-8597 fax
(On-site family planning clinic)

Wallace Medical Concern
Medical Clinics
503-489-1760
www.wallacemedical.org

Basic care for low-income people with no insurance, available on Thursday evenings downtown at the Old Town Clinic, and on Monday and Wednesday evenings in Gresham. $15 suggested donation. Call the same week for an appointment. No walk-ins. Spanish-speaking staff and volunteers available.
Downtown
727 W Burnside St.
Portland, OR 97209

Gresham
254 NW Burnside Rd.
Gresham, OR 97030

Coalition of Community Health Clinics
Online Assistance
www.coalitionclinics.org

One-stop shopping for community health clinics in the Portland Metro area. Helps provide health care to the under- and uninsured. Online searchable database.

HOME HEALTH, HOSPICE & RESIDENTIAL CARE

Client-Employed Provider Program
Home Health

503-988-5480

Pays for in-home care for low-income disabled people and the elderly. After a home visit, a Disability Services case manager will assess care needs and determine how many hours of help they will pay for. The person needing care then hires a caregiver on their own. Contact the Disability Services office nearest you for information.

Community Home Health & Hospice
Nursing Services
14508 NE 20th Ave. Ste. 201
Vancouver, WA 98686
360-253-4626
www.chhh.org

360-253-4859 fax
800-650-4626 toll free

In-home nursing services, including hospice care, for Clark County residents. Requires a doctor's referral. Accepts Medicaid, Medicare, some private insurance, and self-pay. Access to ASL and foreign-language interpreters.

Legacy Hopewell House Hospice Center
Hospice

6171 SW Capitol Highway
Portland, OR 97239
503-244-7890
www.legacyhealth.org

503-245-1591 fax
800-903-5118 toll free

A fifteen bed facility for terminally ill patients. 24 hour full care services. Accepts Medicare, Oregon Health Plan, and
most private insurance. Access to ASL and foreign-language interpreters.

Legacy Hospice Services
In-home Care

www.legacyhealth.org/hospice

In-home hospice care for terminally ill patients. Serves Multnomah, Clackamas, Columbia, Washington, and Yamhill counties. Accepts Medicare, Oregon Health Plan, and most private insurance. Access to ASL and foreign-language interpreters.

Portland
815 NE Davis St.
Portland, OR 97232
503-220-1000

800-896-6287
503-225-6398 fax

McMinnville
2275 NE McDaniel Ln.
McMinnville, OR 97128
503-472-9685

800-361-8506
503-434-9052 fax

Our House of Portland
Residential Care

2727 SE Alder
Portland, OR 97214
503-234-0175
www.ourhouseofportland.org

503-236-7129 fax

Residential care facility for people living with AIDS. Personal care with nursing supervision. Occupational therapy is provided. Offered to those with private insurance and Medicare. Spanish-speaking staff and ASL interpreters available. Volunteer opportunities available.

Swan House
Hospice/Residential Care House

4764 SE Logus Road
Milwaukie, OR 97222
503-786-4829
www.ourhouseofportland.org/programs/swanhouse

503-786-4846 fax

Five bedroom, full-service, adult foster-care home for low-income people living with HIV/AIDS. Focus is on helping residents live as independently as possible. Operates on a community-living model, with residents working together to carry out the functions of day-to-day life. Operated by Our House of Portland.

MEDICAL EQUIPMENT

American Cancer Society
Wheelchairs & Walkers

0330 SW Curry St.
Portland, OR 97239
503-295-6422
www.cancer.org

503-228-1062 fax

Wheelchairs, walkers, bedside commodes, and other equipment available on loan for low-income or medically indigent people with cancer. Requires a referral from a medical social worker. Call first to make arrangements.

AIDS Info
Treatment Info

888-480-3739 TTY
800-448-0440
www.aidsinfo.nih.gov

Information about HIV/AIDS treatment. Includes hepatitis coinfection. Order or download free copies of federally approved treatment guidelines. Click "Live Help" to ask treatment questions online, or call Monday–Friday between 9AM–2PM PST. Available in English and Spanish.

American Foundation for AIDS Research (AMFAR)
Information

www.amfar.org

Online news about the latest findings in global HIV/AIDS research. Available in English and Spanish.

Apex Pharmacy
Medication

1215 NW 23rd Ave.
Portland, OR 97210
503-525-9094
503-525-9155 fax
866-523-5997 toll free

Full-service HIV/AIDS specialty pharmacy coordinates with CareAssist, Oregon Health Plan, and private insurance. Mail delivery available. Serves Oregon and Clark County.

CAREAssist
Prescription Assistance

800 NE Oregon St., Suite 1105
Portland, OR 97232
971-673-0144
www.healthoregon.org/careassist
971-673-0177 fax
800-805-2313 toll free

Helps low-income Oregonians living with HIV/AIDS pay for HIV medications, including co-pays and deductibles. If at least half of your prescription costs are covered by insurance, this program can also help pay for premiums and deductibles. Examples include the Oregon Health Plan, OMIP, COBRA, Medicare Part D, and private insurance. Participants pay some costs based on income.

Eligibility varies. Typically, your gross income cannot be more than 200% of the federal poverty level. There is also an asset limit. Call for information, or check eligibility and

download an application online. Staff can also provide information on how to get health insurance if you are uninsured. Access to foreign-language interpreters.

Central Drug
Medication & Services

538 SW Fourth Ave.
Portland, OR 97204
503-226-2222
www.centraldrugspdx.com

503-223-2439 fax
hivinfo@centraldrugspdx.com

Full-service, 107 year old specialty pharmacy, focused on serving the needs of individuals infected and affected by HIV/AIDS. Complimentary medication adherence programs, mail-order, and delivery services available. Works with most insurers including CAREAssist.

ClinicalTrials.gov
Research Trials

www.clinicaltrials.gov

A registry of federally and privately supported clinical trials conducted in the United States and around the world. Search clinical trial programs online. A service of the U.S. National Institutes of Health.

Compassion of Oregon
Compassion in Dying Services
PO Box 6404
Portland, OR 97228
503-525-1956
www.compassionoforegon.org

Information and support on death-with-dignity-related issues. Advocates for patient rights relating to end of life care, including assisted suicide. Advance directive and hospital authorization forms for unmarried partners available online.

Institute for Traditional Medicine
Immune Enhancement Project

2017 SE Hawthorne Blvd.
Portland, OR 97214
503-233-4907
www.itmonline.org

503-223-1017 fax

Reduced-cost treatment program for low-income people living with HIV/AIDS or hepatitis C. Includes acupuncture, massage, Chinese herbal medicine, and vitamins. Must be alcohol- and drug-free for at least 1 year. Accepts some insurance.

Needy Meds, Inc
Prescription Assistance Site

www.needymeds.org

Information on patient assistant programs that can help low-income people pay for prescription drugs. Search for programs and download application forms online. You may need help from your doctor to apply for these programs.

New York Buyers' Club
Prescription Assistance Site

75 Varick St. Suite 1404
New York, NY 10013
800-650-4983
www.newyorkbuyersclub.org

contact@newyorkbuyersclub.org

Discount vitamins and supplements for people with HIV/AIDS, hepatitis, and other chronic illnesses. $15–25 annual membership fee. Online store available in Spanish, French, and German.

Oregon College of Oriental Medicine
Complementary Medicine

10541 SE Cherry Blossom Dr.
Portland, OR 97216
503-253-3443
www.ocom.edu/

503-253-2701 fax

Teaching clinic offers low-cost acupuncture, herbal medicine, and massage. Meditation workshops teach pain management. Student providers. Sliding fee scale for low-income people. Private practitioners available for specialized care. Spanish- and Chinese-speaking staff available.

Oregon Department of Human Services
CAREAssist

800 NE Oregon Street Suite 1105
Portland, OR 97232
www.oregon.gov/DHS

CAREAssist
Phone: 971-673-0144
Phone (Toll-Free): 800-805-2313
Fax: 971-673-0142
Address: 800 NE Oregon Street Suite 1105.

Helps low-income Oregonians living with HIV/AIDS pay for HIV medications, including co-pays and deductibles. If at least 50% of your prescription costs are covered by your medical insurance, this program can also help pay for insurance premiums and deductibles. Examples include Oregon Health Plan, OMIP, COBRA, some private insurance, and Medicare Part D drug plans. Participants pay part of the coverage costs based on their income.

Eligibility varies. Typically, your gross income cannot be more than 200% of the federal poverty level. There is also an asset limit. Call for more information on how to get health insurance if you are uninsured. Access to foreign-language interpreters.

Oregon Medical Marijuana Program
State Registry Program

PO Box 14450
Portland, OR 97293
971-673-1234
www.healthoregon.org/mm

503-673-1278 fax
800-422-6012 toll free

This state registry program allows Oregon residents to legally possess marijuana for personal medical use. Pain, nausea, and wasting are some of the HIV/AIDS symptoms that may be treatable with marijuana. To be eligible, you must have a qualifying medical condition and your own doctor must sign a written statement saying that marijuana may help. The Department of Human Services will then determine whether you can be approved for registration. There is a $100 annual fee ($20 if you are on the Oregon Health Plan or receive SSI). Registration is also available for minors and caregivers.
This is not a prescription program. Distribution of marijuana is still illegal. The Department of Human Services does not provide marijuana nor a list of doctors willing to approve its use. Registered patients are permitted to grow a limited number of plants for their own use, with seeds obtained from other registered patients. Call or visit the web site for more information and an application. Access to foreign-language interpreters.

Oregon Prescription Drug Program
Prescription Assistance
888-411-6737 toll free
503-945-7833
www.opdp.org

Free prescription drug discount card for Oregon residents who do not have drug coverage through health insurance. You are still eligible if you have Medicare Part D. No deductible. Discounts vary. Call or visit the web site for an application.

Partnership for Prescription Assistance
Prescription Assistance Site
888-477-2669
www.pparx.org

Information about patient assistance programs that can help low-income people pay for prescription drugs. Call or search for programs online. You may need help from your doctor to apply for these programs. English- and Spanish-language formats available.

Project Inform
National HIV/AIDS Treatment Hotline

866-448-4636
www.projectinform.org

Online drug and treatment fact sheets in English and Spanish. Peer-based treatment hotline operated Monday-Friday, 10am-4pm.

Research and Education Group
New Drugs and Treatments

2311 NW Northrup, Suite 105
Portland, OR 97210
503-229-8428
www.reg.org

503-227-0902 fax
800-875-8428 toll free

Researches new drugs and treatments for HIV disease and related conditions. Free nurse consultation. Call for current clinical trials. Serves Oregon and Southwest Washington. Spanish-speaking and other foreign-language interpreters available.

The Body
General HIV Information

www.thebody.com

Online information about HIV/AIDS treatments, including hepatitis coinfection. Click “Ask the Expert” to ask treatment questions and find searchable forums. Available in English and Spanish.

Washington Prescription Drug Program
Discount Card
800-913-4146
www.rx.wa.gov

Free prescription drug discount card for uninsured or underinsured Washington residents. You are still eligible if you have Medicare Part D. No deductible. Discounts vary. Call or visit the web site for an application.

211 Info
Referral Service
621 SW Alder St, Suite 810
Portland, OR 97205
dial 211
www.211info.org
contact@211info.org

Information & referral for non-emergency services for Multnomah, Clackamas, Washington and Clark counties. Referrals for food, shelter, employment, health care, child care and host of various social services. A private, non-profit organization.

If the new 211 number does not work from your calling area there are conventional numbers to reach the service:
Multnomah and Washington County 503-222-5555
Clackamas County 503-655-8861
Clark County 360-694-8899
Cowlitz, Skamania and Wahkiakum Counties 877-501-0252

Kaiser Immune Deficiency Clinic
HIV Services

3550 N Interstate Ave.
Portland, OR 97227
503-249-5536
www.kaiserpermanente.org
503-249-3447 fax
800-324-8007 TTY

Specialty clinic with a multidisciplinary team approach to treating HIV disease. Serves patients with Kaiser health insurance. Provides medical treatment, all phases of professional nursing care, case management, mental health counseling, full service pharmacy, and other services. Access to ASL and foreign-language interpreters.

Yamhill County Public Health
Case Management

412 NE Ford Street
McMinnville, OR 97128
503-434-7525
www.co.yamhill.or.us/ph
503-434-7421 fax

Case management and physician referral is available. Please call for more information.

CULTURAL SERVICE ORGANIZATIONS

Asian Family Center
Community Resources

4424 NE Glisan St.
Portland, OR 97213
503-235-9396
www.irco.org

503-235-0341 fax

Information and referral to community resources in Asian languages. Includes case management, recreation, skills-building activities, parent education and support, parent-child development, and cultural and intergenerational programs. Summer employment program for youth aged 16 to 21. Parental consent required for all youth programs.

El Programa Hispano
Community Resources

503-669-8350 Gresham
503-669-8350 Portland
www.catholiccharitiesoregon.org/services_latino_services.asp

Information and referral to community resources for those who speak only Spanish. Emergency assistance, job referrals, health education, domestic violence prevention, mental health counseling, legal services, literacy and citizenship classes, family services, and youth programs (including gang prevention). Bilingual Spanish-speaking staff.

Portland
901 SE Oak St., Suite 106
Portland, OR 97214
503-666-7487 fax

Gresham
451 NW 1st St.
Gresham, OR 97030
503-666-7487 fax

IRCO
Refugee Services

10301 NE Glisan Street
Portland, OR 97220
503-234-1541
www.irco.org

Helps refugees and immigrants from all over the world. Emergency assistance, literacy classes, job training and support, skills-building, health education, mental health referrals, family law, domestic violence prevention, parent-child development, and youth and senior programs. Services and eligibility vary. Access to foreign-language interpreters.

Lutheran Community Services
Refugee Services

605 SE 39th Ave.
Portland, OR 97214
503-231-7480
www.lcsnw.org

(503)-233-0667 fax

Refugee resettlement services including family support centers, alcohol and drug treatment, multicultural counseling and outreach, crisis intervention and community education. Call for more information. Access to foreign language interpreters.

Slavic Services Center
Community Resources

12414 E Burnside St.
Portland, OR 97233
503-252-4955
www.slavic-center.org

Information and referral to community resources for Slavic-speaking immigrants. Emergency food, medical clinic, language classes, and computer resources. Located at Faith Community Church.

DOMESTIC VIOLENCE

This section includes domestic violence shelters and support for survivors. Domestic violence shelters provide temporary emergency housing for women and children leaving an abusive situation. Most have confidential locations and accept collect calls. If you need domestic violence resources for men, intersex, or transgender, call the **Portland Women's Crisis Line** at 888-235-5333 (toll free).

Bradley-Angle House
Domestic Violence Shelter

PO Box 14694
Portland, OR 97214
503-281-3540
www.bradleyangle.org

503-281-2442 crisis line

Confidential domestic violence shelter for women with or without children. Accepts collect calls. Provides community support groups, including a group for Latina women, transitional housing and case management. Spanish-speaking staff available. Access to other foreign-language interpreters.

Clackamas Women's Services
Domestic Violence Shelter

503-722-8059 fax fax
888-654-2288 crisis line
503-722-2366 office
www.cwsor.org

Domestic violence shelter. Confidential Clackamas County location. DV classes and self-care groups available. Inquire about Casa Hogar, a DV shelter for Latina women. Spanish-speaking staff available. Access to AT&T language bank and foreign-language interpreters.

Clark County Emergency Shelther Clearinghouse
Shelter Information
360-695-9677

Call to access shelters in the Vancouver area, 9am-8pm daily.

Domestic Violence Resource Center
Monika's House Shelter
P.O. Box 494
Hillsboro, OR 97123
503-640-5352
www.dvrc-or.org

503-648-6905 fax
866-469-8600

Confidential Washington County location. Resource center offers counseling, restraining order advocates, and other resources for
women survivors of domestic violence. Part-time Spanish-speaking staff available.

El Programo Hispano - Proyecto UNICA
Domestic Violence Support

888-232-4448 crisis line
503-236-9670

Services include 24-hour Spanish language crisis line, case management and advocacy, Spanish language support groups, community education and assistance for petitioners of restraining and stalking orders. Staff bilingual in Spanish and English.

Portland Women's Crisis Line
Domestic Violence Support

PO Box 42610
Portland, OR 97242
503-235-5333
www.pwcl.org

503-234-3749 fax
888-235-5333 toll free

Statewide information and referral to domestic violence shelters and crisis counseling. Emergency transportation from danger to safety. Other services include legal assistance with restraining and stalking orders, support groups, and referral to sexual assault advocates. Services available for men as well. Accepts collect calls. Access to AT&T language bank. Call 24 hours, or search for resources online.

Raphael House
Domestic Violence Shelter

Confidential Address
Portland, OR
503-222-6507
www.raphaelhouse.com

503-222-6222 crisis line

Provides emergency and transitional housing for women and children. Length of stay in shelter is 3-4 weeks. Accepts collect calls. Support groups and case management provided for women and children in the shelter and transitional housing programs. Some bilingual Spanish/English volunteers available.

Volunteers of America Home Free
DV Intervention Program
503-771-5503 crisis line
503-771-3929
www.voaor.org

Providing counseling, advocacy, and support for battered women and their children. Children's program available. Accepts collect calls. Length of stay is 2 months. Emergency transportation available. Transitional housing available. Community outreach and education. Spanish-speaking staff available.

Hands On Portland
Volunteering

1621 NW 21st Ave
Portland, OR 97209
503-200-3355
www.handsonportland.org

503-200-3356 fax
info@handsonportland.org

Volunteering can help you learn new skills and gain confidence. Searchable online database offers a wide range of volunteer opportunities at organizations throughout the Portland metropolitan area. Free placement.

Our House of Portland
Residential Care

2727 SE Alder
Portland, OR 97214
503-234-0175
www.ourhouseofportland.org

503-236-7129 fax

Residential care facility for people living with AIDS. Personal care with nursing supervision. Occupational therapy is provided. Offered to those with private insurance and Medicare. Spanish-speaking staff and ASL interpreters available. Volunteer opportunities available.

hep c test center
hiv testing
needle exchange
partner notification
prevention education

This section includes information on where you can get an HIV test for low to no cost as well as info to reduce your risk of transmitting/acquiring HIV/STDs.

How you can protect yourself and others...

There is no cure for HIV. If you are living with HIV, there are some important steps you can take to protect your health and the health of those around you:

Know your status. If you are unsure, get tested. HIV testing is available at a number of community test sites and through your doctor.

See a doctor. A doctor who specializes in HIV can tell you what medical care might help and what you can do to protect your health and quality of life.

Consider how you can reduce the chance of infecting others:

- Talk to your sex partner about your HIV status before having sex. Whether or not you are HIV-positive, don't rely on the other person to disclose.
- Develop a safer-sex plan. Using latex condoms and/or dental dams during anal, vaginal, and oral sex will greatly reduce the chance of giving or getting HIV and other sexually transmitted diseases. Safer-sex supplies are available at places that do HIV prevention work and at needle exchange sites.
- Weigh risks and think about your choices. Having unprotected sex with new, multiple, or anonymous partners greatly increases your chance of giving or getting HIV and other sexually transmitted diseases.
- Get screened and treated for sexually transmitted diseases (STDs) such as syphilis, gonorrhea, and chlamydia on a regular basis. These diseases make it easier to pass HIV, and are especially serious for people who have HIV.
- Alcohol and drug use can increase risk-taking. Call the Alcohol & Drug Helpline at 503-244-1312 or 800-923-4357 to speak with someone about treatment.
- If you are injecting drugs and can't stop using, you can reduce your risk for HIV and hepatitis C by getting sterile syringes and gear from a needle exchange site. You can also purchase syringes at pharmacies if you are at least 18 years old.
- If you can't get sterile syringes, bleaching them will reduce—but not eliminate— the chance of giving or getting HIV and hepatitis C.

HEP C TEST CENTER

Multnomah County Health Department - Northeast Health Center
Testing Services

5329 NE Martin Luther King Jr. Blvd.
Portland, OR 97211
503-988-3030 health department
www.mchealth.org/hivhcv

Free anonymous or confidential HIV testing, available on a walk-in basis every Tuesdays from 5:30-7:15pm. Rapid testing available for gay and bisexual men and sex partners of HIV+ individuals. Located at NE MLK and Killingsworth. Free hepatitis C testing for people with history of injection drug use also available. Access to Spanish-speaking staff.

HIV TESTING

Confidential & Anonymous Testing
Testing can be done confidentially or anonymously. Confidential testing means that your test results become part of your medical file with your name attached, and you may ask for a copy of your results. Private doctors and public health clinics can provide confidential HIV testing as a part of your regular health care. If you want to take an HIV test without giving your name, this is called anonymous testing, and you cannot receive a printed copy of the results. County clinics may request a fee or donation, but no one is refused service if they cannot pay. For hepatitis C testing, look under **Hepatitis C Testing & Care**.

Oral Testing & Rapid Testing
A traditional HIV test is done using blood that is sent to a laboratory. Results are ready in about a week. **Oral testing** is a type of HIV test that is done using saliva. With **rapid testing**, your results will be ready by the end of your visit. A rapid test may be done with either blood or saliva, depending on the test. If the result is "reactive," this means you may be positive for HIV, but you will need to get a traditional HIV test to confirm the result. County clinics sometimes offer rapid testing to people who are most at risk for HIV. Check the listings below to see if you are eligible.

C.C. Slaughters Nightclub
Outreach Testing

219 NW Davis St.
Portland, OR 97209
503-988-3030 health department
www.ccslaughterspdx.com

Free HIV, syphilis, and hepatitis C testing for gay and bisexual men, every 1st Thursday from 9–11:30PM. Testing provided by Multnomah County Health Department.

Cascade AIDS Project
Rapid HIV Testing

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

Open to all. Suggested donation of $25. Available Monday through Friday, 10am - 4pm. Walk-in or by appointment. To schedule an appointment or for more information call 503-223-5907.

Cascade AIDS Project - Clark County
Free HIV Testing

3701 E Fourth Plain Blvd.
Vancouver, WA 98661
360-750-7964
www.cascadeaids.org

Free HIV testing for gay and bisexual men, available on a walk-in basis every Tuesday from 11am-1pm and Thursday from 4-8pm. Anonymous rapid and confirmatory testing available. Access to Spanish-speaking staff.

Clackamas Service Center
Primary Care & STD Screening

8800 SE 80th Ave.
Milwaukie, OR 97206
503-771-7914

Outreach medical services available via mobile medical van for homeless individuals or youth under age 30 for acute and chronic care. HIV and STD testing services also available as part of this care. Clinic hours are Tuesdays, 9am-5pm, and Thursdays, 1-5pm. Services provided by Outside In.

Clark County Public Health - Harm Reduction Center
HIV Testing - Syringe Exchange

3701 E Fourth Plain Blvd.
Vancouver, WA 98661
360-397-8098

Free HIV testing available Monday and Wednesday from 3-6pm, and Friday from 3-5pm for individuals participating in the Syringe Exchange Program. Rapid and confirmatory testing available.

Columbia County Public Health
Low-cost HIV Testing

2370 Gable Rd.
St. Helens, OR 97051
503-397-4651
www.chdpublichealth.com

503-397-1424 fax
800-244-4870 toll free

Sliding fee scale, $60 maximum, for anonymous or confidential testing. Available by appointment on Wednesdays only. Accepts Oregon Health Plan, private insurance, and self-pay. No one refused service if they cannot pay. Spanish-speaking staff available.

IDU Health Services
Low-cost HIV Testing

1219 SW Main St.
Portland, OR 97205
971-544-1574
www.outsidein.org/sep.htm

Free, anonymous, rapid HIV testing, available on a walk-in basis during syringe exchange, Monday–Friday, from 1–5PM. Call for more information. A program of Outside In.

inSPOT Portland
Partner Notification Website

www.inspot.org/portland

Lists HIV and STD testing and treatment locations in Clackamas, Clark, Multnomah, and Washington counties. If you've had a positive test result, you can use this web site to send an anonymous email telling your sex partners to get checked.

Multnomah County Health Department - HIV Community Test Site
Low-cost HIV Testing

426 SW Stark St., 6th Floor
Portland, OR 97204
503-988-3775
www.mchealth.or/std

503-988-5220 fax
503-988-5702 results

COST: $20 fee or sliding scale. No one refused service based on inability to pay.
Description: 1 week results. Rapid testing available only to people who have had unprotected sex with someone known to be HIV+ and men who have sex with men. Walk-in testing is from 9am-4:45pm Monday, Tuesday, Thursday, and Friday. For guaranteed services, please call for an appointment. Spanish-speaking staff available. Access to ASL and foreign-language interpreters.

Multnomah County Health Department - Northeast Health Center
Testing Services

5329 NE Martin Luther King Jr. Blvd.
Portland, OR 97211
503-988-3030 health department
www.mchealth.org/hivhcv

Free anonymous or confidential HIV testing, available on a walk-in basis every Tuesdays from 5:30-7:15pm. Rapid testing available for gay and bisexual men and sex partners of HIV+ individuals. Located at NE MLK and Killingsworth. Free hepatitis C testing for people with history of injection drug use also available. Access to Spanish-speaking staff.

Multnomah County Health Department - STD Clinic
Testing Services

426 SW Stark St., 6th Floor
Portland, OR 97204
503-988-3700
www.mchealth.or/std

503-988-5520 fax
503-988-5702 results

Confidential HIV testing available as part of a complete sexually transmitted disease exam. Available by appointment and on a walk-in basis. Sliding fee scale. "Just Checking" appointments available for $20 fee for those who have no symptoms but want to be tested for HIV, gonorrhea, Chlamydia and syphilis. Accepts Oregon Health Plan Plus and Standard, open card, and some insurance. No one refused service if they cannot pay. Access to ASL and foreign-language interpreters.

NARA Indian Health Clinic
Low-cost HIV Testing

15 N Morris St.
Portland, OR 97227
503-230-9875
www.naranorthwest.org

503-230-9877 fax

Confidential HIV testing for Native Americans and Native Alaskans, available by appointment. Limited walk-in available. Accepts uninsured, Oregon Health Plan, open card, and private insurance.

Outside In
Under 30 HIV testing

1132 SW 13th Ave.
Portland, OR 97205
503-535-3890
www.outsidein.org

503-535-3868 fax
info@outsidein.org

Anonymous HIV rapid testing for homeless and low-income youth and adults under 30. Sliding scale fees can be as low as free. Available on a walk-in basis, call for hours. Spanish-speaking staff available. Access to other foreign-language interpreters.

Pivot
Free HIV/STD Testing

209 SW 4th Ave.
Portland, OR 97204
503-445-7699
www.pivotpdx.org

pivot@pivotpdx.org

Tuesdays, 5-9pm
Wednesdays, 11am-2pm
Saturdays, 5-9pm (HIV-only)
Available for men who has sex with men. First come, first served; no appointments. Rapid HIV testing involves oral swab or finger prick and results while you wait. Non-rapid confirmatory testing also available.
STD screening includes testing for syphilis, gonorrhea and chlamydia. Hepatitis A, B, and C screening as needed (blood draw). Results in one to two weeks by phone from Outside In (503.535.3890). STD testing is confidential only.

Planned Parenthood Columbia Willamette
HIV Testing

888-875-7820
503-788-7273
www.ppcw.org

$45 fee for anonymous or confidential testing. Rapid testing available. Most insurance accepted. Spanish-speaking staff available.

Northeast Portland
3531 NE 15th Ave., Suite B
Portland, OR 97218

Southeast Portland
3231 SE 50th Ave.

Portland, OR 97206

Gresham
501 NE Hood Ave., Suite 100
Gresham, OR 97030

Clackamas Express
16068 SE 82nd Ave.
Clackamas, OR 97015
(Limited services.)

Beaverton
12270 SW First Ave., Suite 200
Beaverton, OR 97005

Vancouver
5500 NE 109th Ct., Suite A
Vancouver, WA 98662

Vancouver – Salmon Creek Express
2105 NE 129th, Suite 105
Vancouver, WA 98686
(Limited services.)

Salem
3825 Wolverine St. NE
Salem, OR 97305

Scandals Lounge
Free HIV Testing

1125 SW Stark St.
Portland, OR 97205
503-988-3030 health department
www.scandalspdx.com

Free HIV, syphilis, and hepatitis C testing for gay and bisexual men, every 2nd Friday from 9–11:30PM. Testing provided by Multnomah County Health Department staff.

Sexual Minority Youth Resource Center (SMYRC)
Under 23 HIV Testing

3024 NE Martin Luther King Jr. Blvd.
Portland, OR 97212
503-872-9664
www.smyrc.org

503-231-3051 fax
info@smyrc.org

Free anonymous or confidential testing for gay, lesbian, bisexual and transgender youth aged 23 and under, available on a walk-in basis every 1st Friday from 6–9PM. Testing by Outside In staff. Rapid testing available. Access to ASL interpreters.

Washington County Health Department - Testing Services
Low-cost HIV Testing

503-846-4522 fax
503-846-8851

Sliding fee scale for anonymous or confidential HIV testing. Call for an appointment. Low-cost HIV rapid testing ($30 fee) and syphilis testing is available during walk-in hours for gay and bisexual men, injection drug users, and their sex partners. Spanish-speaking staff available.

Hillsboro Clinic
155 N First Ave.
Hillsboro, OR 97124
Low-cost walk-in testing for eligible clients on Tuesday from 4–5:30pm, and Friday from 9–11am.

Beaverton Clinic
12550 SW 2nd
Beaverton, OR 97005
Low-cost walk-in testing for eligible clients on Monday from 5:30–7:30PM.

Tigard Clinic
15350 SW Pacific Hwy.
Tigard, OR 97224
Sliding fee scale. By appointment only.

Westover Heights Clinic
Infectious Disease Clinic

2330 NW Flanders Suite 207
Portland, OR 97210
503-226-6678
www.westoverheights.com

Private clinic provides testing and follow-up care for sexually transmitted and infectious diseases, including hepatitis A, B, and C, HIV, gonorrhea, chlamydia, herpes, and syphilis. Vaccinations for hepatitis A and B. Discount for up-front payment. Accepts most private insurance. No Oregon Health Plan or Medicare. Access to Spanish-speaking staff.

Yamhill County Public Health
HIV Testing

412 NE Ford Street
McMinnville, OR 97128
503-434-7525
www.co.yamhill.or.us/ph

503-434-7421 fax

Walk-in testing available or call for an appointment. Two appointments are required. The first appointment is for the initial counseling and testing. The second appointment is a week later and is for the test results and additional counseling. A donation is requested but nobody will be turned away if they cannot pay.

Outreach Testing
HIV testing can now come to you. A certified HIV testing counselor makes house calls to conduct rapid HIV tests (results in 20 minutes), completely confidential. The testing is free but please call the Yamhill Rapid Testing Hotline at **503-437-5015** to see if you qualify. Only available for YAMHILL COUNTY.

NEEDLE EXCHANGE

Clackamas Service Center
Needle Exchange Program

8800 SE 80th Ave.
Milwaukie, OR 97206
503-771-7914

Outside In staff are available at this location **Thursdays from 2:30pm to 4pm.** Needle exchange is anonymous and legal in the state of Oregon. You must be 18 years of age or older. For more info call the Harm Reduction Hotline.

Clark County Public Health - Harm Reduction Center
HIV Testing - Syringe Exchange
3701 E Fourth Plain Blvd.
Vancouver, WA 98661
360-397-8098

Free HIV testing available Monday and Wednesday from 3-6pm, and Friday from 3-5pm for individuals participating in the Syringe Exchange Program. Rapid and confirmatory testing

available.

Harm Reduction Hotline
Syringe Exchange Information

503-988-6333 Spanish
503-280-1611

Call to hear the latest schedule of needle exchange sites in Portland and Vancouver. Printed schedules in English and Spanish are available at all locations and online.

IDU Health Services
Syringe Exchange

1219 SW Main St.
Portland, OR 97205
971-544-1574
www.outsidein.org/sep.htm

Monday–Friday from 1–6PM. Youth under age 18 cannot exchange needles but can receive bleach kits. Free, anonymous testing for HIV and hepatitis C. Ask about weekly harm reduction group covering safer injection and overdose prevention.

Metro
Metro Recycling Information
503-234-3000

Sharps container exchange for Metro area residents. Bring used needles for disposal in an approved sharps container and get a free replacement container. You cannot obtain new syringes from this program. New containers cost $5 to get started. Call for locations.

Multnomah County Health Department - Syringe Exchange Programs
Locations

503-280-1611

Needle Exchange Van
Tuesday afternoons at SE 6th Ave. and Ankeny St. Monday afternoons and Friday nights at SE 82nd Ave. Call the Harm Reduction Hotline for up-to-date hours and locations.

Northeast Health Center
5329 NE Martin Luther King Jr. Blvd.
Portland, OR 97211
Thursdays from 4–6pm and Fridays from 2-4pm.

PARTNER NOTIFICATION

inSPOT Portland
Partner Notification Website

www.inspot.org/portland

Lists HIV and STD testing and treatment locations in Clackamas, Clark, Multnomah, and Washington counties. If you've had a positive test result, you can use this web site to send an anonymous email telling your sex partners to get checked.

PREVENTION EDUCATION

Asian Family Center
HHPEP

4424 NE Glisan St.
Portland, OR 97213
503-235-9396
www.irco.org

503-235-0341 fax

This program aims to address the health needs around Hepatitis B and HIV in the Asian and Pacific Islander (API) and African Refugee and Immigrant (ARI) populations in the Portland Metro Area. Focuses on outreach and education, training for health care practitioners on how to work effectively with medical interpreters and API and ARI populations, and developing and implementing a strategic plan to strengthen API and ARI leadership in prioritizing Hepatitis B and HIV prevention and management.

Cascade AIDS Project
Positive Talk (+alk)

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

A five-session small group program for people living with HIV designed to reduce stress levels around issues of disclosure to friends, family and sex partners and to teach positive skills in order to create successful personal relationships. An incentive is offered upon completion of the program.

Northwest Portland Area Indian Health Board
Project Red Talon

2121 SW Broadway, Suite 300
Portland, OR 97201
503-228-4185
www.npaihb.org

503-228-8182 fax
npaihb@npaihb.org

Education, training, and technical assistance on HIV and sexually transmitted disease prevention for tribes in Oregon, Washington, and Idaho.

OHSU Partnership Project - SHOP
Supporting Healthy Options for Prevention (SHOP)

5525 SE Milwaukie Ave.
Portland, OR 97202
503-230-1202 intake
www.ohsu.edu/partnership/shop.html

503-230-1213 fax
877-795-7700 toll free

This is a program set up for HIV+ persons and those of unknown status to openly discuss and explore their behaviors in terms of HIV transmission risk. Can be done in person or by phone. The program is no-cost and confidential in nature. Incentives are available for each session completed, up to 6 sessions. Call for more information and an intake appointment. Spanish-speaking staff available.

Pivot
Health Information

209 SW 4th Ave.
Portland, OR 97204
503-445-7699
www.pivotpdx.org

pivot@pivotpdx.org

Prevention support groups for gay and bisexual men and Latinos meet weekly. Call for a schedule, or drop by to get health information Wednesday–Saturday from 4–10PM. Other social and educational events planned monthly. Part-time Spanish-speaking staff available. Operated by Cascade AIDS Project.

SAFER SEX

Condoms are available free at most county health clinics and at agencies that work in HIV prevention. Free condoms are also available at gay dance clubs, bars, and bathhouses, and at alcohol and drug treatment centers.
Free condoms are available at the following:

County Health Clinics

Cascade AIDS Project
208 SW Fifth Ave., Suite 800
Portland, OR 97204 503-223-5907

Central City Concern Health Services
727 W Burnside St.
Portland, OR 97209 503-228-4533

Clark County Public Health
1601 E Fourth Plain Blvd.
Vancouver, WA 98661 360-397-8089

Men's Wellness Center
209 SW 4th Ave.
Portland, OR 97205 503-445-7699

Multnomah County Health Department
HIV & Hepatitis C Community Programs
3653 SE 34th Ave.
Portland, OR 97202 503-988-3030

Multnomah County Health Department
HIV Health Services Center
426 SW Stark St., 4th Floor
Portland, OR 97204 503-988-5020

Multnomah County Health Department
STD Clinic
426 SW Stark St., 6th Floor
Portland, OR 97204 503-988-3700

Outside In
1132 SW 13th Ave.
Portland, OR 97205 503-223-4121

Q Center
4115 N Mississippi Ave
Portland, OR 97217 503-234-7837

Sexual Minority Youth Recreation Center (SMYRC)
3024 NE MLK Jr Blvd
Portland, OR 97212 503-872-9664

Washington County Pride Project
Beaverton & Hillsboro (call for location) 503-260-5792

Planned Parenthood
www.ppcw.org 503-788-7273
Condoms $1 per dozen. 888-875-7820